

Commit 2B Fit Model School Criteria

A Model Commit 2B Fit School must implement criteria 1-3 and at least three of criteria 4 -9.

1. Utilize Commit 2B Fit student academic planners in 3rd-5th grades
2. Implement the district's local wellness policy including physical education as described in State Statute – 1003.455 and School Board Policy 8.025
3. School culture reflects health and wellness, for example:
 - Display Commit 2B Fit posters/collateral
 - Have Commit 2B Fit assembly to take the pledge to Commit 2B Fit
 - All faculty and staff aware of involvement in Commit 2B Fit
 - Collaborative and integrated approach to wellness throughout school and academic subjects
 - Infuse Commit 2B Fit newsletters within the school and share with parents
4. Utilize the Commit 2B Fit student academic planner in at least one grade K-2
5. Has a school wellness council/committee
6. Has a staff/employee wellness program
7. Provides healthy foods or food alternatives for school celebrations (e.g. stickers, pencils, etc.)
8. School fundraising involves healthy foods/activities (e.g. gift wrapping, recycling printer cartridges, cell phones – school promotional items such as T-shirts, pens, pencils, book covers, water bottles, candles, magazines, etc.)
9. Hosts at least one Commit 2B Fit event or activity (e.g. Walk-a-thon, fun run, school-wide art project)

A school that meets the criteria of being a Commit 2B Fit Model School will be given a Commit 2B Fit flag to display, recognition at a School Board meeting and at a district's Wellness Promotion Task Force, recognition on a brochure distributed through Publix and a Press Release will be distributed to all appropriate agencies.

An application to be eligible as a Commit 2B Fit Model School will be distributed to all schools using the Commit 2B Fit academic planner at the beginning of the school year. Any school wishing to be considered as a Commit 2B Fit Model School shall submit the application with appropriate documentation by Friday, January 14, 2014.