



POLICY 1.11

4-F I recommend that the Board adopt the proposed <u>repeal</u> of Policy 1.11, entitled "Wellness Promotion."

[Contact: Steve Bonino and Paula Triana, PX 52017 and PX 52026.]

Repeal-Adoption CONSENT ITEM

- The Board approved development of this repeal of Policy at the repealdevelopment reading on August 26, 2009.
- To renumber the current policy, the proposed repeal of this policy is being simultaneously voted upon for development with the adoption of proposed new Policy 2.035 regarding wellness promotion and a separate Policy 8.025 regarding physical education.

POLICY 1.11

1		TITLE		
2 3 4 5 6	1.	This Policy is intended to fulfill the requirement under Public Law 108-265 § 204 (2004) (42 U. S.C. § 1751 Note) that school districts shall have a "local school wellness policy" to promote student health and reduction of childhood obesity, as well as to promote wellness for District employees.		
7 8 9 10 11	2.	The District school system will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in implementing, monitoring, and reviewing District-wide nutrition and physical activity policies, and recommending the development of amendments to this Policy or the development of additional wellness policies.		
12 13 14 15	3.	The Board is committed to providing a school environment that enhances learning and development of lifelong wellness practices. The District school system shall promote school environments that encourage and protect children's health, wellbeing, and ability to learn, by supporting healthy nutrition and physical activity.		
16 17 18	4.	The school environment should be safe, comfortable, and aesthetically pleasing and schools should allow ample time and space for eating meals. Food and/or physical activity should not be used as a reward or punishment.		
19 20 21 22 23	5.	Child nutrition programs in the District shall comply with federal, state, and loc requirements. Qualified child nutrition professionals shall provide healthful food that are affordable, nutritious, appealing, and are accessible to all children. Chi nutrition programs shall promote good health to foster student attendance are education.		
24 25 26 27		a. To the maximum extent practicable, all schools in the District will participate in available federal school meal programs (including the School Breakfast Program, National School Lunch Program (including after-school snacks) Summer Food Service Program, and Child and Adult Care Food Programs).		
28 29 30 31 32		b. Child nutrition programs shall comply with federal, state, and local requirements for food safety and security guidelines to include; Hazard Analysis and Critical Control Points (HACCP), Department of Education procedures, the Palm Beach County Health Department inspections, and ServeSafe.		

6. Sequential and interdisciplinary nutrition education should be provided and

promoted, in accordance with the goals and objectives incorporated by reference in

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this Policy.

- 7. In addition to providing healthful meals in the cafeteria, schools should also promote wellness by including more healthful selections when foods and beverages are otherwise available on campus during the school day (e. g., in vending machines, concession stands, a la carte, student stores, parties/celebrations, or fundraisers), consistent with health information in the USDA Dietary Guidelines for Americans (at www. healthierus. gov/dietaryguidelines).
- 42 8. Schools should instill patterns of meaningful physical activity connected to students' lives outside of physical education; and all school-based activities, to the extent practicable, should be consistent with the wellness goals of this Policy.
- 9. The Superintendent will ensure compliance with the Board's nutrition and physicalactivity wellness policies through the designated employees. The Superintendent hereby designates the School Food Service Director, and each principal shall designate an Assistant Principal and/or Wellness Champion at each school, to oversee the implementation and evaluation of this Policy to ensure that the schools comply with this Policy.
- 51 10. The Superintendent or designee will utilize a plan for measuring the implementation of this Policy, as outlined in the Wellness Promotion Goals and Objectives incorporated herein by reference, and will prepare a summary report annually on District-wide compliance. The report will be provided to the School Board and also distributed to all school health councils, parent/teacher organizations, school principals, and school health services personnel in the District.
- 58 11. Additionally, the School District will encourage the promotion of good health and 59 well-being of every staff member by enlightening the awareness and support of 60 healthy lifestyles.
- 12. The Superintendent shall recommend revision of this Policy as needed and shall develop work plans to facilitate implementation. The Wellness Promotion Goals and Objectives (available online at www.palmbeach.k12.fl.us/policies/1-11gao.htm)
 64 are incorporated herein by reference as if set forth fully herein.
- 65 STATUTORY AUTHORITY: Fla. Stat. §§ 1001.32(2); 1001.41(1), (2); 1001.43(1), (6)
- 66 LAWS IMPLEMENTED: Fla. Stat. §§ 1001.32(2); 1001.41(3); 42 U. S.C. § 1751
- 67 HISTORY: 5/31/2006; 7/9/2008 <u>To Be Repealed: __/___2009</u>

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Legal Signoff:		
•	ent has reviewed the p adoption by the Board	roposed repeal of Policy 1.11 and finds it
Attorney	 Date	