

#### **POLICY 2.38**

**5-A** I recommend that the Board approve development of the proposed revised Policy 2.38, entitled "Crisis Response Planning for All-Hazards Events."

[Contact: James P. Kelly, PX 48435.]

#### Development

#### **CONSENT ITEM**

- The purpose of this policy is to provide guidance to each district school in drafting crisis response plans to coordinate protective actions prior to, during and after a wide range of emergency or potential crisis situations.
- The School District shall implement a crisis response program that will enable
  the district and school administrators, teachers, students, and parents to
  respond to catastrophic events, emergencies or crises in a manner that
  maximizes safety and minimizes disruptions.
- Each district school will prepare a written school crisis response plan consistent with Prepared for Action – Responding Effectively to Crisis in Your Schools.
- The District Crisis Response Coordinator shall be responsible for sharing and disseminating the manual as described herein to district schools and department heads for the preparation of the school's or department crisis response plans and assisting the school and department with the development of such plans.

#### **POLICY 2.38**

## CRISIS RESPONSE PLANNING FOR ALL-HAZARDS EVENTS EMERGENCY PROCEDURES FOR HURRICANES AND OTHER DISASTERS

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- 4 **Purpose.** The Board recognizes its obligation to students, employees and the 5 community to be prepared to deal with various crises or emergencies involving the 6 school community as they arise, ensuring to the greatest extent possible the safety 7 of District students, employees and visitors. As such the School District 8 coordinates with the county and other agencies in preparing for and responding to 9 states of emergency or disaster affecting the larger community. However, the 10 purpose of this policy is to provide guidance to each district school in drafting crisis response plans to coordinate protective actions prior to, during and after a wide 11 12 range of emergency or potential crisis situations.
- 2. Scope. This policy applies to all employees and students of the Palm Beach
   County School District.
- Policy Statement. The School District shall implement a crisis response program that will enable the district and school administrators, teachers, students, and parents to respond to catastrophic events, emergencies or crises in a manner that maximizes safety and minimizes disruptions.
- 19 Each school shall be supplied detailed instructions for emergency procedures a. contained within the crisis response manual entitled Prepared for Action -20 21 Effectively to Crisis in Your Responding 22 Schools(www.store.peaceeducation.org/), a resource compatible with the National Incident Management System (NIMS) core set of concepts. 23 24 principles, terms and processes applicable to all crises and hazards.
- b. <u>Each district school will prepare a written school crisis response plan</u>
   consistent with <u>Prepared for Action Responding Effectively to Crisis in Your</u>
   Schools.
- 28 c. The District Crisis Response Coordinator shall be responsible for sharing and disseminating the manual as described herein to district schools and department heads for the preparation of the school's or department crisis response plans and assisting the school and department with the development of such plans.
- 4. Responsibility for District Schools during Crisis or Emergency. In the event that a crisis or disaster has prompted a state of emergency, and the Palm Beach County area has been alerted by an official announcement, it shall be the responsibility of the school principal, assisted by school personnel, to ensure that

37 38 39		emp	necessary steps are taken to prepare for the pending event. All District ployees shall take precautions necessary to ensure the protection of life and the gation of property damage.		
40 41 42 43 44 45	5.	Crisis or Emergency Events for Response Plan. All principals and Crisis Intervention Teams (CIT) members must be familiar with the hazards outlined below and form effective strategies for the implementation of the crisis response plan. The following is a list of incidents or hazards to be included in the schools' crisis response plans. Each section includes instructions and guidelines for preparedness, response and recovery.			
46		a.	Hostile Takeover/Hostages		
47		b.	Bomb Threat		
48		C.	<u>Battery</u>		
49		d.	Sexual Battery		
50		e.	<u>Intruder</u>		
51		f.	Gang Activity / Altercation		
52		g.	Racial / Ethnic Slurs and Tension; Hate Crimes		
53		h.	<u>Criminal Mischief / Vandalism</u>		
54		i.	Possession of Drugs		
55		j.	Student Under the Influence of Alcohol / Mood Modifier		
56		k.	<u>Drive-By Shootings</u>		
57		l.	Out-of-Control Students		
58		m.	Student Fight		
59		n.	Auto Burglary In Progress		
60		0.	Bullet, Suspicious Object, or Other Unusual and Dangerous Object Found		
61		p.	Weapon Found in Unattended Book Bag, Locker or Desk		
62		q.	Firearm, Displayed		
63		r.	Firearm, Concealed		

64	S.	Firearm, Discharged
65	t.	Other Weapons, Displayed
66	u.	Other Weapons, Concealed
67	V.	Large / Explosion
68	w.	Small Fire
69	x.	Hazardous Material Release
70	y.	<u>Utility Failure (Power/Telephone/ Water)</u>
71	z.	Air Conditioner Failure (HVAC)
72	aa.	Asbestos Release
73	bb.	Gas Leak
74	cc.	Doors That Won't Lock / Re-Keying Doors
75	dd.	Structural Failure / Building Collapse
76	ee.	Train Derailment On or Near Campus
77	ff.	Airplane Crash On or Near Campus
78	gg.	Rainy Day / Inclement Weather Dismissal
79	hh.	Tornado or Severe Storms
80	ii.	<u>Hurricane</u>
81	jj.	Flooding
82	kk.	Wildfire
83	II.	<u>Earthquake</u>
84	mm	. <u>Evacuation</u>
85	nn.	Use of School as Shelter
86	00.	Multiple Student Walkout
87	pp.	Missing Student

88	qq.	Runaway Student
89	rr.	<u>Unauthorized Removal of a Student</u>
90	SS.	Student Kidnapping
91	tt.	Suspected Child Abuse
92	uu.	Observed Verbal Threats to a Child
93	VV.	Observed Physical Abuse to a Child
94	ww.	Parent Refuses to Leave Building
95	xx.	Non-Custodial Parent Request for Information
96	уу.	Non-Custodial Parent Request to See and/or Call Student at School
97	ZZ.	Parent Demanding Access to a Classroom
98	aaa.	. Missing School Employee
99	bbb.	. Food-borne Illness or Drinking Water Contamination
100	ccc.	Accident With Serious Injuries
101	ddd.	School Bus Accident With Injuries
102	eee.	. <u>Neck / Spinal Injury</u>
103	fff.	<u>Death or Homicide</u>
104	ggg.	Syringe Possession
105	hhh.	. <u>Drug Overdose</u>
106	iii.	Suicide Threat, Verbal or Written
107	jjj.	Suicidal Act
108	kkk.	Traffic Control on Campus
109	III.	Altercation During Special Event or Extracurricular Activity
110	mmı	m. <u>Parades</u>
111	nnn.	Law Enforcement Activity Near Schools

- 112 Preparation of Crisis Response Plan for Each School. Each school calendar 6. 113 year the school site principal or his/her designee shall prepare a written Crisis 114 Response Plan in accordance with the format prescribed in the manual entitled Prepared for Action - Responding Effectively to Crisis in Your School. In addition, 115 116 the principal is to submit said Crisis Response Plan by email to the District Crisis 117 Plan Coordinator prior to the second week students are in school for that school 118 calendar year. Updated editions are to be submitted as needed during the school 119 <u>year.</u>
- 7. School Crisis Intervention Team and Training. Each school site will establish and maintain a Crisis Intervention Team (CIT) of no less than ten (10) staff members. At least half of the CIT members are to be trained in VITAL (Violence Intervention Techniques and Language). All CIT members are to receive annual training to carry out the school's crisis response plan.
- 125 8. School Emergency Drills. The school site Principal shall conduct District Emergency Code Drills as follows:
- a. Prior to October 31 of each year a Code Red drill and either a Code Blue or Code White drill shall be conducted and documented via People Soft within forty-eight (48) hours of the completed drill(s).
- b. During January a Code Red drill and either a Code Blue or Code White drill (whichever was not previously conducted) shall be conducted and documented via People Soft within forty-eight (48) hours of the completed drill(s).
- 134 9. <u>Inspection of School Site after Hazard.</u>
- a. When the "All clear" signal is officially announced after an all-hazards event, and when deemed safe to do so, the principal and custodians shall respond immediately to the school for which they are responsible, and conduct an assessment of any damage incurred. It is most important that at least one custodian accompany the principal or his/her representative. A thorough inspection of the premises should be made with particular attention given to the following conditions:
- i. <u>Availability of water.</u>
- ii. Availability of electricity.
- iii. Availability of phone service.
- iv. Flooding or damage in the general area of the school.
- v. <u>Flooding or damage on the school grounds.</u>

- vi. Number of classrooms and other areas (by name) that are unusable.
- vii. <u>Estimated earliest date that classes can be resumed.</u>
- b. Immediately on ascertaining the damage, the principal or his/her representative, shall report to Facilities Services (561-969-5840) and all other departments as appropriate. Guidelines and instructions can be found in the "Recovery" section for each type of hazard.
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  10. <u>Utilization of Psychological and Other Services in Aftermath of Crisis.</u> Each
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  School shall utilize the services as provided in "An Administrative Guide: Standard
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  Operating Procedure for the Utilization of Psychological & Supplemental Education
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  Services In the Aftermath of a School Crisis" (2011), attached and incorporated
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  hereto, for the management of the aftermath related to certain crises associated
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  with the death or homicide of District students or staff.
- 159 11. Participation of Other District Departments. All District department heads shall 160 review the description of hazards listed in paragraph 3 for their role, if applicable, in 161 supporting school center and District services during a crisis, emergency or hazard. 162 These hazards can be found in the section of the manual, Prepared for Action -Responding Effectively to Crisis in Your Schools, titled Critical Incidents -163 164 Procedures and Actions. Specific instructions can be found in the section entitled District Personnel: Key Duties. For those hazards applicable to a specific 165 department, both instructional and non-instructional department heads shall 166 167 prepare a plan of action to provide support to the school centers during the preparation, response and recovery phases of all hazards which impact 168 169 educational services in the Palm Beach County School District. Said plans shall be 170 submitted to the Crisis Response Coordinator on or before September 1 of each 171 vear.
- 1. When hurricane warnings are displayed and the Palm Beach County area is alerted by an official announcement, it is the responsibility of each school principal assisted by school personnel, to see that precautions are taken. Each school shall be supplied detailed instructions for emergency procedures via a handbook. All employees shall take all precautions necessary for the protection of property and to minimize property damage.
- 2. When the "all clear" signal is officially announced after a hurricane or other disaster, the principal and custodians are to go immediately to the school for which they are responsible to assess the damage. It is most important that at least one custodian accompany the principal or his representative. A thorough check of the premises should be made with particular attention given to the following items:
- 183 a. Availability of water.
- b. Availability of electricity.

185		c. Flooding or damage in the general area of the school.
186		d. Flooding or damage on the school grounds.
187		e. Number of classrooms and other areas (by name) that are unusable.
188		f. Estimated earliest date that classes can be resumed.
189 190	3.	Immediately on ascertaining the damage, the principal or his representative, will make a report to the maintenance department.
191 192		ATUTORY AUTHORITY: Fla. Stat. <del>§§ 230.22</del> 1001.41; 1001.42 WS IMPLEMENTED: Fla. Stat. §§ <del>230.22</del> 1006.07(4)(b), 1001.42

HISTORY: 2/18/72; 7/21/82; \_\_/\_\_2011

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Legal Signoff:		
The Legal Departm for development by		osed Policy 2.38 and finds it legally sufficient
Attorney	 Date	

## An Administrative Guide:

# Standard Operating Procedure for the Utilization of Psychological & Supplemental Education Services In the Aftermath of a School Crisis

2011



## **Palm Beach County Schools**

The School Board of Palm Beach County, Florida

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#### INTRODUCTION

At some time all educators will deal with the death of a student, colleague, or parent of a student. It is essential that school personnel prepare *in advance* so that they can respond in a timely and supportive manner that leads to constructive resolution for all students and staff.

Children and adolescents encounter many variations of loss quite frequently in their lives. Good crisis plans may minimize trauma and assist to a degree with grief resolution. Consequently, schools who have developed a "Standard Operating Guide for Crisis Response" are likely to avoid confusion and disorganization when the crisis occurs. These policies should be considered malleable and subject to change as events unfold. However, they should be utilized as a guideline for standard operation.

When a school crisis occurs, it is important to have a well-defined plan for response that details in writing who will coordinate a response, what resources are available, and what responsibilities will be assumed by which individuals.

No longer can school districts say "It won't happen here." It is on this premise that we utilize the tools we have in an organized and efficient manner to assist our students, faculty, parents, and community to minimize the trauma.

The Crisis Response Plan requires a team which includes the following members: School Psychologists; Guidance Counselors; Guidance Program Planner (as needed); Area Supervisors (as needed); Team Leaders (as needed); Superintendent (as needed).

#### **Crisis Planning:**

Joanne Byron, S.S.P., NCSP, School Psychologist Adrienne Avallone, Psy.S., NCSP, School Psychologist In support with Supplemental Educational Services & Best Practices Committee

Special Thanks:

Lynne McGee, Principal Linda Terranova, Principal

#### **RESPONSIBILITY GUIDE**

#### ROLES IN A CRISIS

#### PRINCIPAL/ADMINISTRATOR IN CHARGE

As the chief officer of the building, you are responsible for the implementation of the Crisis Response Plan. The attitude you present about the importance of the plan and how sensitively it should be carried out will set the tone for how the entire school responds.

#### **Responsibilities:**

- \*Receive notification of death
- \*Verify information (facts)
- \*Notify Team Leader so he/she may notify Crisis Response Team specific to School Psychologists
- \*Notify Crisis Response Team which includes Guidance Counselors
- \*Notify Area Supervisor *if necessary*
- \*Notify Superintendent if necessary
- \*Notify other principals *if necessary* regarding other affected siblings/friends
- \*Schedule special staff meeting to adjust staff responsibilities in order to assist Crisis Team
- \*Convene & plan with Crisis Team members prior to the commencement of counseling
- \*Provide Crisis Team with required items necessary to provide counseling, etc.
- \*Compose announcement to be read in class or over PA system (Examples included in manual)
- \*Compose and send letter to parents *if necessary*
- \*Condolence note to family
- \*Grant release time for funeral attendance
- \*Attend funeral if desired
- \*Attend special staff meetings in order to plan for crisis & review implementation of plan
- \*Convene with Crisis Team members at the end of day to debrief, assess the crisis, & determine if further counseling is required

#### I. PRINCIPAL/ADMINISTRATOR IN CHARGE

- A. Determine the degree of trauma to anticipate emotional impact.
  - 1. The person/victim
    Who was the person and were they a long-time, popular member of the school?
  - 2. What happened?
    - -Murder and suicide are unexpected and violent, and therefore more difficult to deal with than a death from a serious illness.
    - -Traumatic events that are sudden and accidents which result in severe injuries are also more challenging.
  - Where did the death occur?A death on school grounds is more difficult to handle.
  - 4. Any other tragedies?
    Have other tragedies impacted the school recently? If so, the latest death will cause unresolved issue to surface for both staff and students.
  - 5. Who was the perpetrator/individual(s) responsible?
    If the person believed to be responsible for the death/accident/trauma is also a member of your school community, it adds to the emotionality.
- B. Communicate with Area/District administration.
  - 1. Notify as to the nature of the crisis.
  - 2. Request a Crisis Team if deemed necessary (School Psychologist, Guidance Counselors).
- C. Be visible, available, supportive, and empower staff.
  - 1. Provide direction to teachers about how much to set aside the curriculum.
  - 2. Tests should be postponed in some classes.
  - 3. Assign duties as needed.
  - 4. Provide substitute teachers as needed.
  - 5. Provide designated area for adults with necessary refreshments.
- D. Review and approve information releases to staff, students, and others.
- E. Approve appropriate requests for additional resources (i.e., community, staff).

- F. Provide Crisis Team with necessary items which facilitate crisis counseling.
  - 1. Designated counseling room(s)
  - 2. Secretarial support staff
  - 3. Phone access
  - 4. Other items as deemed necessary
  - 5. Consult with Crisis Team as to the manner in which to provide counseling.
- G. Contact family of the deceased.
- H. Inform staff and students about funeral arrangements.
- I. Collaboration with school psychologist/guidance counselor may ensure that memorials are appropriate.

#### **RESPONSIBILITY GUIDE**

#### **ROLES IN A CRISIS**

#### SCHOOL PSYCHOLOGISTS

In your position, you act as a primary in-school referral person. Your education and experience make you the staff person most qualified to assist the ADMINISTRATOR IN CHARGE, carry out or assist outside consultants with: in-school counseling of students and staff, providing information and assistance to school staff, completing assessment intervention forms when necessary and making referral to the proper resources for an at-risk student. You may also have a role in working with parents of at-risk students.

#### **Responsibilities:**

- \*Cancel other activities
- \*Work closely with administrator
- \*In-school counseling of students
- \*Staff consultation and education in collaboration with guidance counselors
- \*Complete student assessments (i.e., level of crisis intervention)
- \*Facilitate group counseling and/or individual sessions
- \*Make referrals to appropriate community resources
- \*Contact and work with parents if needed
- \*Attend funeral as support to students if needed

#### II. SCHOOL PSYCHOLOGISTS

- A. Be available and coordinate with Guidance Counselors and community agencies (*if* needed) to activate Crisis Team.
- B. Cancel other activities.
- C. Work closely with administration.
- D. Implement a comprehensive communication plan for making available services known.
- E. Provide fact sheets (*if needed*) to be utilized by staff.
- F. Provide further information regarding crisis letters.
- G. Provide individual and group counseling.
  - 1. Establish and coordinate group and individual counseling opportunities for students, teachers, staff, and others.
  - 2. Locate counseling assistance.

    Identify resources for teachers, parents, and others to help identify the natural progression and management of the grief and healing process.
- H. Prepare for memorial services and for long-term support for the anniversary dates of the crisis incidents *if necessary*.
- I. Assist staff with projects in which to assist the grieving process.
- J. Coordinate maintenance of adequate records of services provided with guidance counselors.
- K. Keep records of affected students and *if necessary* provide follow-up services.
- L. In collaboration with the Guidance Counselors, follow the schedule of the deceased and visit the classrooms of close friends if deemed necessary.
- M. Contact parents of affected students with suggestions for support or further referral *if necessary*.

#### **RESPONSIBILITY GUIDE**

#### ROLES IN A CRISIS

#### **GUIDANCE COUNSELORS**

You will be a key person in your school's crisis response as you probably have been able to talk with and possibly even develop a relationship with some of the students. The feeling of trust they have for you will make it easier for them to express feelings to you. Your professional experience will allow you to assess those students you see or who have been referred to you. If your professional opinion is that a student or students are at-risk, you should make a referral to the psychologist. Contacting the student's family to express concern is also advisable.

#### **Responsibilities:**

- \*Cancel other activities as appropriate
- \*Adjust schedule as needed
- \*Operate crisis centers in collaboration with School Psychologists
- \*Talk with students
- \*Clarify misinformation & obtain factual information
- \*Encourage students to express feelings
- \*Give grief information
- \*No judgment of grief
- \*Give priority to students in need of immediate services
- \*Support students & staff
- \*Make referrals to psychologists as necessary
- \*Follow class schedule
- \*Contact parents, if necessary
- \*Attend funeral to support students *if necessary*
- \*Follow-up with students who are repeatedly absent after crisis if deemed necessary

#### III. GUIDANCE COUNSELORS

- A. Be available.
- B. Cancel other activities as appropriate.
- C. Adjust Schedule as needed.
- C. Implement a comprehensive communication plan with members of the Crisis Team in order to make available services known.
- D. Provide information of community resources (i.e., counseling).
- E. Coordinate maintenance of adequate records of services provided with psychologists (i.e., student sign-in sheets).
- F. Contact parents of affected students with suggestions for support or further referral.
- G. In collaboration with School Psychologists, follow the schedule of the deceased and visit the classroom of close friends if deemed necessary.
- H. Provide individual and group support counseling.
- I. Provide supportive services to staff as needed.

#### **RESPONSIBILITY GUIDE**

#### ROLES IN A CRISIS

#### IV. TEACHERS

- A. Implement directives as issued by Crisis Team and school administer.
- B. Know how to report concerns and needs related to the crisis and know to whom to report them.
- C. Communicate clearly, concisely, and honestly to students before, during, and after the crisis.
- D. Provide accurate information to students.
- E. Lead classroom discussions that focus on helping students to cope with the loss, as appropriate.
- F. Dispel rumors.
- G. Answer questions without providing unnecessary details.
- H. Recognize and be sensitive to the varying religious beliefs held by students.
- I. Model an appropriate response.
- J. Be flexible and prepared to adapt curriculum and classroom activities in response to the crisis and, in particular, to help students process and manage their reactions to the crisis.
- K. Refer students to Crisis Team as directed by administrator.
- L. Teachers can also notify Crisis Team should they require support.
- M. Confer with Crisis Team regarding any physical alteration to classroom or removal of deceased's personal items.

#### **RESPONSIBILITY GUIDE**

#### **ROLES IN A CRISIS**

#### V. SECRETARIES AND CLERICAL STAFF

- A. Coordinate requests for additional copying, supplies, and other such items needed to manage the crisis.
- B. Utilize fact sheets prepared by Crisis Team or administrator for communication with parents and other callers.
- C. Refer media inquiries to the designated staff.
- D. Provide school maps and class rosters to visiting Crisis Team members.

#### NOTIFICATION AND ANNOUNCEMENT PROCEDURES

The goal is to allow people to become emotionally prepared and to prevent the beginning and spreading of any erroneous information. It is important to adhere to facts as details may innocently and easily become skewed.

\*Procedures may vary depending on time of incident (i.e., within or outside of school hours).

#### I. Notification and Announcement Procedures

#### A. Obtain the facts.

- 1. Verification by administrator through family or law enforcement prior to providing counseling.
  - a. It is *very important* to have a second or third verification of the death/accident/traumatic event.
- 2. Share facts provided as quickly as possible in order to dispel rumors.

#### B. Establish a calling tree.

- 1. Used to notify personnel of the death/accident/traumatic event.
- 2. Used for notification that a faculty meeting will be held before/after school to outline crisis plans.
- 3. If the death/accident/traumatic event occurs during non-school hours or during vacation, this process allows staff members to work through their own issues before they assist their students.
- 4. Calling tree procedure should be established and reviewed with all staff at the beginning of each school year.

#### C. Using a Crisis Telephone Tree.

- 1. Once you receive a call about a school crisis, relay the information to the next person on your list.
- 2. If the person on your list does not answer, call others on your list.
- 3. Continue calling anyone who does not answer until connection is made. Do not leave a message regarding the incident but rather request a return call.

- D. Suggestions for making the call.
  - 1. Begin with a statement such as, "I am sorry to have to call you with bad news."
  - 2. Ask the person to get paper and pencil to write specifics if they will be calling another person.
  - 3. Give the specifics of the event as you know them.
  - 4. Give details of the before-school required meeting: where, when, and that further details regarding the incident will be available.
  - 5. Remind them not to speculate just pass on essential information.
- E. Death/accident/traumatic event occurs when school is in session
  - 1. Have Crisis Team prepared and ready to assist.
  - 2. Hand-deliver a memorandum or personally speak to all teachers.
    - a. A Crisis Team member can give all teachers facts about the tragedy and instructions to share the information with their students, as well as suggestions for assisting students and directives on how to share information.
    - b. Memo can invite all staff to a faculty meeting after school.
    - c. Majority of students should stay in their classroom.
    - d. Only those closest to the victim or those with tragic life situations of their own should be sent to the school's support personnel.
    - e. A memorandum read to the students by the teacher is preferable than an intercom announcement or in select cases school staff may go to classes to make the announcement.
- F. Use of the public announcement system for other information *not* related to the actual death notification (i.e., moment of silence).
  - 1. Collaboration with the school psychologist/guidance counselor may be helpful in the development of the announcement.
  - 2. The administrator is urged to carefully plan and rehearse what he/she will say.
  - 3. Choice of words, voice tone and inflection are very important and set the tone for management of the crisis.

#### G. Parent notification

- 1. Important to inform the parents of students at the school affected by the death/accident/traumatic event that this has occurred.
- 2. Provide balance between enough information to dispel rumors and protecting the privacy of the deceased/victims.
- 3. Collaborate with the Crisis Team to compose a fact sheet or letter to be sent home to parents, either by mail or via students.
- 4. This letter, in most cases, *would not* contain the name of the deceased/victims, especially when it involves a student.

#### **DEATH BY SUICIDE**

Suicide is a reality in schools with crisis procedures designed to assist schools respond to the aftermath. Although it is necessary to acknowledge the deceased, it is imperative that the deceased or the act is not glamorized.

#### I. Death by Suicide.

#### A. Task of crisis aftermath

- 1. Reduce chance of anyone else committing suicide by avoiding glamorization of the deceased.
- 2. Assist staff and students with grieving process.
- B. Crisis management with Crisis Team.
  - 1. Do give the facts to the students.
  - 2. Do provide individual and group counseling.
  - 3. Do contact the family of the deceased.
  - 4. Do not encourage funeral attendance during school hours.
  - 5. Do not dedicate a memorial to the deceased.
  - 6. Do not have a large school assembly.

#### **DEATH NOTIFICATION**

With the death notification, the reactionary process begins for those left behind. It is critical that this be done as well as possible because it is the most critical point of trauma for the loved ones. Properly done, it can begin the healing process.

- I. General Guidelines in Death Notification.
  - A. Administration may wish to consult with school psychologist/guidance counselor and ask for their presence, as well as expertise in the notification process.
  - B. Before notification
    - 1. Obtain as much information as possible.
      - a. What happened, when did it happen, how did it happen?
      - b. Ensure that the appropriate *closest* relative receives notification first.
  - C. Notification should always be performed compassionately, quickly, and with as much accuracy as possible.
  - D. Parameters of notification
    - 1. Notification in person, if possible.
    - 2. Make notification in pairs.
    - 3. Confer with the Crisis Team prior to removing personal items of the deceased.

#### HANDLING THE MEDIA

#### \*ALWAYS FOLLOW SCHOOL DISTRICT OF PALM BEACH COUNTY GUIDELINES\*

Go to: www.palmbeach.k12.fl.us
Public Affairs
Working with the Media
Media Tips

Educators must be aware that someone representing their school must communicate with the media immediately. If not, the media will move on to other sources who may be less familiar with crisis. Therefore, it is necessary to follow the suggested media response guidelines.

#### I. Handling the Media

- A. Adhere to media policy/tips (see above directions).
- B. Talking with the media affords schools the opportunity to position themselves as being in charge and in control of the situation.
- C. Provides the vehicle for school officials to reach their audiences with timely and important messages/information.
- D. Develop key messages, adhere to them, and ensure that you work with the legal department (if needed).

#### II. Rights with the Media

Adapted from Slover, C. & Tasci, D. (1999) Trauma Recovery Handbook

- A. A right to grieve and recover in private.
- B. The right to say 'no' to an interview.
- C. The right to request a specific reporter.
- D. The right to refuse an interview with a specific reporter.
- E. The right to speak to only one reporter at a time.
- F. The right to refrain from answering any questions that makes the interviewee uncomfortable.
- G. The right to ask to review quotations prior to publication.
- H. The right to demand a retraction when inaccurate information is reported.
- I. The right to ask that offensive photographs or visuals be omitted from airing or publication.

#### MEMORIAL GUIDELINES

School memorials, ceremonies or memory activities following a traumatic experience serve an important function in the healing process for both students and staff. Such activities provide the opportunity to express emotions through a variety of different ways besides talking. Further, a school memorial assists in providing closure to a period of grieving and serves as a point from which to move on with regular school activities.

#### I. Guidelines for Planning Memorial Activities

- A. Request the assistance of school psychologist/guidance counselor to assist with the specifics of the activity.
- B. Proceed slowly and involve students, staff, and families.
- C. Initial activity should take place within one week of death/incident.
- D. Developmental considerations appropriate to age of students.

#### II. Suggested Memorial Activities

- A. Temporary memorial site can be established at a designated location at school, such as flowers, notes, poems, ribbons, stuffed animals, pictures, and other objects.
- B. Activities and projects that will make a difference and may prevent similar tragedies.
- C. Writing Activities
  - 1. Helpful to all students of all ages.
  - 2. Notes/letters of condolence to the family.

#### III. Memorial Activities for Suicide.

#### A. Do:

- 1. Do something to prevent other suicides from happening.
- 2. Do develop living memorials.
- 3. Do allow any student, with parental permission, to attend the funeral.

#### B. Do Not:

- 1. Do not fly the flag at half staff.
- 2. Do not have a moment of silence in all-school assemblies.
- 3. Do not have mass assemblies focusing on the suicide victim.
- 4. Do not make special arrangements to send all students from school to the funeral.
- 5. Do not stop classes for a funeral.
- 6. Do not put up plaques in memory of the suicide victim.
- 7. Do not dedicate a yearbook, songs, or sporting events to the person who committed suicide.

Note: See Crisis Team members for additional sample announcements if needed.

It is suggested that the Crisis Team collaborate in the development of the announcements.

## **SAMPLE SCHOOL ANNOUNCEMENTS**

I have some very sad news to share with you (na	<u>ime)</u> di	ied on . $\_$	(date)	We at
(school) will greatly miss (name) . (name)	e of teacher)	will b	e teaching _	(name of
teacher) class for today. You may feel like takin	g some time	e now to	talk to your	teacher and
classmates about this sad news.				
In classroom: (Individual loss)				
John will not be in school today. His mother was killed	in an automo	obile crash	n last night.	Her car was
struck on I-95. John will be very sad for a long time. Le			_	
and how we can help him.				
In classroom; (School-wide loss)				
We have something very sad to tell you today. John wa	•		•	_
swerved into an oncoming lane, he was struck by a car a				is a result of
the injuries he sustained in the accident. At this time, we	will observe	a momen	t of silence.	
*Direct students to planned activities.				
Over P.A.: (School-wide loss)				
Our school has suffered a great, great loss. M	, the	e science t	eacher, has b	been ill with
cancer for many months now. We just received word t				
M has died. We will be commer	norating (re	ememberii	ng) M	's
contribution to our school community. Some time today,	I'd like each	h class to	discuss ways	they would
like to commemorate (remember) the life of M				

Note: See Crisis Team members for additional sample letters if needed.

It is suggested that the Crisis Team collaborate in the development of letters.

## **SAMPLE LETTER TO PARENT/CAREGIVER:**

## **ADULT DEATH**

(school letterhead)
Date
Dear Parent/Caregiver:
This has been a difficult day for all of us at <u>(school)</u> . <u>(name)</u> , a <u>(grade)</u> teacher died <u>(time)</u> . He/She will be missed by the children, parents, and staff at <u>(school)</u> as he/she has touched many lives in a special way. Your child may want to share memories of <u>(name)</u> or ask questions regarding this matter. It is natural and healthy for him/her to want to discuss this. A team of professionals is available at school to assist students and staff in coping with this difficult situation.  Arrangements have not been completed at this time. Thank you for your support and kindness.
Sincerely,
Principal

Note: See Crisis Team members for additional sample letters if needed.

It is suggested that the Crisis Team collaborate in the development of letters.

## **SAMPLE LETTER TO PARENT/CAREGIVER:**

## STUDENT'S DEATH

(school letterhead)
Date
Dear Parent/Caregiver:
This has been a difficult day for all of us at <u>(school)</u> . <u>(student's name)</u> , a <u>(grade)</u> student died <u>(time)</u> . He/She will be missed by the children, parents, and staff at <u>(school)</u> as he/she has touched many lives in a special way. Your child may want to share memories of <u>(name)</u> or ask questions regarding this matter. It is natural and healthy for him/her to want to discuss this. A team of professionals is available at school to assist students and staff in coping with this difficult situation.
Arrangements have not been completed at this time. Thank you for your support and kindness.
Sincerely,
Principal

Note: See Crisis Team members for additional sample letters if needed.

It is suggested that the Crisis Team collaborate in the development of letters.

## **SAMPLE LETTER TO PARENT/CAREGIVER:**

## ACCIDENTAL DEATH

(school letterhead)
Date
Dear Parent/Caregiver:
This has been a difficult day for all of us at <u>(school)</u> . <u>(student's name)</u> , a <u>(grade)</u> student was killed in an accident <u>(time)</u> . He/She will be missed by the children, parents, and staff at <u>(school)</u> as he/she has touched many lives in a special way. Your child may want to share memories of <u>(name)</u> or ask questions regarding this matter. It is natural and healthy for him/her to want to discuss this. A team of professionals
Arrangements have not been completed at this time. Thank you for your support and kindness.
Sincerely,
Principal

#### MEMO TO ALL FACULTY AND STAFF REGARDING SUICIDE

- 1. Points to keep in mind during the week ahead:
  - A. Suicide is not the result of normal adolescent stressors nor is it the result of one single event. It is the product of a complex interaction of many factors in the life of an adolescent who is at risk.
  - B. Avoid discussion with students that speculate on the causes or attribute blame for the death.
  - C. Victims of suicide should not be glamorized or memorialized in a "heroic sense".
  - D. Students are experiencing a loss and consequently must grieve the death of their classmate or faculty member.
  - E. Students will experience a wide range of emotions; there is no "right way" to feel; each person has a unique response to crisis.
  - F. While talking about feelings in open discussions is an appropriate way of expressing grief, this should only be done with crisis team members.
  - G. Life will return to normal. However, it will take time and vary from individual to individual.
  - H. Please engage with students in a calm, low-key manner as difficult as it may be.
- 2. If you feel a student needs to see a crisis team member or guidance counselor, send the student to the designated area. Please keep a sign-out list for each period of the day and deliver to Guidance Counselor at the end of the day.
- 3. If you need to talk to someone or ask a question, a member of the Crisis Team will be available.
- 4. Teachers can also notify Crisis Team should they require support.

## PRINCIPAL CRISIS RESPONSE CHECKLIST

## **IMMEDIATE ACTIONS**

Assigned To		Completed
	Notify Area Superintendent	
	Notify Area Team Leader	
	Convene Crisis Team	
	Verify and establish facts of the crisis. Make copies of any newspaper articles for team members.	
	Designate media representative and refer to Media information and contact Public Affairs <i>if needed</i> .	
	Implement plan of action for crowd control and/or disruptive behavior <i>if</i> necessary.	
	Determine whether any other schools will be affected by the crisis and consult with personnel.	
	Designate staff to provided Crisis Team with location, supplies, etc.	
	COUNSELING ACTIVITIES	
	Designate personnel providing counseling.	
	Set aside space for group and individual counseling.	
	Inform staff of procedure for accessing counseling services.	
	Determine need for classroom counseling.	
	Designate person to take incoming calls from parents.	
	Coordinate and distribute supplies such as tissues, paper, markers for making cards, etc.	
	Convene a faculty/staff meeting for debriefing.	
	Convene Crisis Team members at the end of each day to assess situation and prepare for the following day.	

## PRINCIPAL CRISIS RESPONSE CHECKLIST (CONTINUED)

## **COMMUNICATION**

<b>Assigned To</b>		<b>Completed</b>
	Notify staff via communication system previously established.	
	Prepare immediate information to be shared with students and decide method for communication.	
	Prepare information to be sent home to parents if necessary.	
	Prepare fact sheet with information to be shared with the general public, media, etc. Clarify procedures for communication with media.	
	Contact grieving family to express condolences and provide support (i.e., Phone call, visit, letter, card) Communicate actions taken by school.	
	Update information (funeral arrangements, food collections etc.) to staff, students, and parents as appropriate.	
	Select and distribute appropriate handouts to staff.	
	Designate staff to take incoming calls from parents.	
	Contact community resources previously identified in crisis plan if additional support is needed.	
	Convene a faculty/staff meeting for debriefing.	
	Convene Crisis Team members at the end of each day to assess situation and prepare for the following day.	
	Consider a home visit to grieving family.	

#### RESOURCE REFERENCES

National Association of School Psychologists. (1999). Crisis Prevention and Response: A Collection of NASP resources.

National Organization for Victim Assistance (NOVA). (1998). Advance Community Crisis Response Team Training.

National Organization for Victim Assistance (NOVA). (1998). The Community Crisis Response Team Training Manual, Second Edition.

Rockville Centre School District: Rockville Centre, NY. Crisis Response Plan.

School Board of Broward County, Florida. Broward County Public Schools: Crisis Response and Recovery Handbook.

Zinna, K.A. (1999). *After Columbine, A Schoolplace Violence Prevention Manual*. USA: Spectra Publishing Co.