

The School District of Palm Beach County, Florida Wellness Promotion Task Force Survey Summary FY 2015–2016

1. How satisfied are you with the efforts of the Wellness Promotion Task Force?

- **76.8 %** were **Very Satisfied**
- **13.6 %** were **Somewhat Satisfied**
- **9.4 %** were **Neutral**
- **0 %** were **Very Dissatisfied**

2. Why did you attend the Wellness Promotion Task Force meeting?

- **9.4 %** attended for the purpose of **Networking**
- **12.6 %** attended because of **Interest in Event Topics**
- **20.0 %** attended to **Support the Wellness Initiatives**
- **70.5 %** attended for **All the above reasons**

3. Was this meeting meaningful and valuable to you?

- **95.7 %** stated **Yes**
- **4.2 %** stated **No**

4. Do you have any additional questions or comments for the speakers?

Comments from attendees of all meetings this year are as follows:

- The teachers and students of our country need to continue to have access to the kinesthetic learning games on GoNoodle.com. Now that the sponsorship from Miami Children's Hospital is coming to an end. Who can we find to continue to support this valuable resource?

- The meetings are always very well run and organized. It's one of the most informative School District meetings to attend. There are so many exciting wellness activities available for students and staff.
- I thought that questioning departments ahead of time was a great idea...It really sped things along and left time for themed presentations by a wide variety of partners.
- Great collaborated effort with administration, teachers, staff and community in promoting wellness.
- So proud of our School District and everything they do in the Wellness Task Force! They do amazing work. Thank you!
- More time for networking would be appreciated. Afternoon programs preferred.
- How can an agency present its services to the task force, more than the one minute at the end?
- The meeting is a good place for networking but rather than working on Initiatives with the group attendees and requesting community support, it appears it is a regurgitation of what is already occurring within the district. The meeting is incredibly long and I recommend it should be shortened to no more than 1 ½ hours.
- The Wellness Promotion Task Force meetings are very informative. The Wellness Promotion Task Force has a long standing presence in PBC. It is a forum that is well respected and is an opportunity for new initiatives to get the word out and on-going agencies/programs to share important news. It is a vital part of the wellness initiatives in PBC.

5. What topics would you like to have addressed in future meetings?

Comments from October 16, 2013 meeting are as follows:

- As your Health Advocate/Corporate Care Works EAP partner, we seek to continue to address the needs of our employees and their families to validate, equip and empower them to be so they may be at their best! Thank you!
- Continue to showcase the successful efforts in health at the individual schools.

- Address more topics relating to Mental and physical health in schools.
- Coaches need to be held more accountable to conduct themselves at a high professional standard when speaking to/about their athletes and parents. The way coaches speak should positively impact the athlete's mental well-being.
- More information about the efforts of community partners in promoting wellness, so if there are more of those, it would be enjoyable to hear about them.
- How to get more staff involved in wellness.
- More wellness activities/events.
- Information on what insurance covers in relation to wellness.
- Provide gym membership discounts for staff as a gym has equipment we do not have at our schools to readily work out and most teachers want to leave after a hard day. They are hard to be motivated when we have so much responsibility in bringing up student's scores. Fitness is a stress reliever.
- More about student in the Nutrition and Fitness programs. What's been most successful and what programs have not met expectations.
- Health and wellness. Physical Education.
- More on upcoming events.
- More on Mental Health.
- More on Substance abuse.
- More on Eating Disorders.
- More on Behavioral health.
- More on how to enforce Smart Snack guidelines better
- Mental health from childhood through adulthood-crosses over too many other concerns.