

# THE SCHOOL DISTRICT OF PALM BEACH COUNTY

## APPROVED SMART SNACKS 2015 - 2016

ITEM/SIZE/CALORIES	MEETS SMART SNACKS
Baked Cheetos Crunchy Cheese RF 1oz./120 Kcals	YES
Baked Doritos Nacho Cheese .75oz./90 Kcals	YES
Baked Doritos RF Nacho Cheese 1oz./120 Kcals	YES
Baked Lay's Sour Cream & Onion RF Potato Chips 1 oz. 120 Kcals	YES
Baked Lay's BBQ Potato Chips RF 1oz. /110 Kcals	YES
Baked Lay's Original Potato Chips RF 1 oz. 120 Kcals	YES
Basil's Mini Bites Chocolate Chip 1.5 oz.	YES
BuzzStrong's Bakery Mint and Chocolate Chip Cookie 1.5 oz. / 180 Kcals	YES
Cheetos Puffs .7 oz. (10% calcium) (100 Kcals)	YES
Cheetos Puffs Flamin'Hot .7 oz. (90 Kcals)	YES
Cheetos Fantastix Chili Cheese 1 oz. /130 Kcals	YES
Cheetos Fantastix Flamin' Hot 28 g./ 120 Kcals	YES
Cheez-It WG crackers 21 g./ 100 Kcals	YES
Del Monte Squeezable Fruit Assorted 8 oz.	YES
Frito Lay - Doritos Nacho Cheese RF /1 OZ/ 130 CAL	YES
Frito Lay - Doritos Spicy Sweet Chili RF /1 OZ/ 130 CAL	YES
Frito Lay - DoritosCool Ranch RF /1 OZ/ 130 CAL	YES
Fruit Roll Ups 14g/ 45 Kcals	YES
Herr's - Popped Chips Assorted Flavors 0.6 oz./ 70 CAL	YES
Herr's - Baked Potato Crisps Original /1 OZ/ 120 CAL	YES
Herr's - Baked Sweet Potato Crisps /1 OZ/ 120 CAL	YES
General Mills - Chex Mix Whole Grain Red. Fat Hot & Spicy 26 g./110 Kcals	YES
General Mills - Trix Cereal Bar 1.42 oz./ 150 Kcals	YES
General Mills - Cereal On the Go 1 oz./ Assorted Varieties	YES

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General Mills - Golden Grahams Cereal Bar 1.42 oz./ 150 Kcals	YES
General Mills - Cocoa Puffs Cereal Bar 1.42 oz. / 150 Kcals	YES
General Mills - Team Cheerios Strawberry 1.42 oz. / 150 Kcals	YES
General Mills - Cinnamon toast Crunch Cereal Bar 37g/ 140 CAL	YES
General Mills - Cinnamon toast Crunch Crisps 28g/ 110 CAL	YES
General Mills - Simply Chex Extreme Habanero Lime .92oz./110 Kcals	YES
General Mills - Simply Chex Cheddar red. Fat .92 oz. / 110 Kcals	YES
General Mills - Simply Chex Chocolate Caramel Red.-fat 1.03oz./ 130 Kcals	YES
Glenny's Quinoa Puffs Assorted flavors 1 oz. 95 -100 Kcals	YES
Glenny's Quinoa & Kale Assorted flavors 1 oz. 100 Kcals	YES
Good Natured Baked Multigrain Crisps Assorted Flavors 1 oz. 120 Kcals	YES
Kashi Hummus Crisps Assorted Flavors 30 g. (120 Kcals)	YES
Kellogg's Chewy Granola Bars Assorted 1.34 oz.	YES
Kellogg's Nutri-Grain Cereal Bars Assorted 37g	YES
Kellogg's Rice Krispies Treats Whole Grain 1.41 oz.	YES
Kellogs - Special K Bar 23g. /90 Kcals	YES
Kellogg's Special K Cracker Chips Assorted Flavors 1 oz. / 110 Kcals	YES
Munchies Baked Snack Crackers Cheddar Cheese .9 oz.	YES
Nabisco Popped Wheat Thins .8 oz./ 90 Kcals	YES
Nature Valley Cruncy Granola Bars Assorted 42 g.	YES
Nature Valley Trail Mix Fruit & Nuts 1.2 oz. 140 Kcals	YES
Nature Valley Oats & Honey Granola Bar/ 1.5 oz/ 190 Kcal	YES
Nature Valley Chewy Chocolate Bar .89 oz. / 90 Kcals	YES
Nature Valley Crisps Assorted Varieties 1.2 oz. / 150 Kcals	YES

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Pepperidge Farms Goldfish Cheddar Whole Grain .75 oz. /100 Kcals	YES
Pepperidge Farms Giant Goldfish Cinnamon or Chocolate WG 26 g. /120 Kcals	YES
Pepperidge Farms Goldfish Ranch Whole Grain .75 oz. /100 Kcals	YES
Pepperidge Farms Goldfish Physedibles Asst. Flavors 26 g. /120 Kcals	YES
Planters Salted Peanuts 28 g, 170 Kcal	YES
Popcorn Indiana All Natural Kettle Corn 1 oz. / 130 Kcals	YES
Popcorn Indiana ChipIns White Cheddar 1 oz. / 130 Kcals	YES
PopCorners Asst. Flavors 32g/140-150 Kcals	YES
Popchips - Salt & Pepper 0.8 OZ/100 CAL	YES
Ruffles Oven Baked Originals RF 1 oz. / 120 Kcals	YES
Salveo Apple Cinnamon Multigrain Snackin' Puffs 0.5 oz./60 Kcals	YES
Salveo Buttery Caramel Multigrain Snacking'Puffs 0.5 oz./60 Kcals	YES
Salveo Cheddar & Bacon Baked Fries 1 oz./120 Kcals	YES
Salveo Baked Potatoes Crips 1 oz./110 Kcals	YES
Salveo Cheese Balls 0.75 oz./100 Kcals	YES
Salveo Original Sea Salt Tater Pops 0.8 oz./100 Kcals	YES
Salveo Cinnamon & Sugar Sweet Potato Tater Pops 0.8 oz./100 Kcals	YES
Salveo Peppercorn Ranch Tater Pops 0.8 oz./ 100 Kcals	YES
Salveo Southwest Cheddar Multigrain Snackin' Puffs 0.5 oz. / 60 Kcals	YES
Simply ChexRF Strawberry Yogurt 29g/120 Kcals	YES
Smartfood Delight White Cheddar 1 oz./ 130 CAL	YES
Sunchips Snack Mix Assorted .875 oz.	YES
Vic's Kettle Style Popcorn 1 oz. / 120 Kcals	YES
Vic's Lite Popcorn 0.75 oz./80 Kcals	YES

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Vic's White Cheddar Popcorn 0.5 oz./50 Kcals	<b>YES</b>
Welch's RS Fruit Snacks 40 g./ 120 Kcals	<b>YES</b>
Wise RF Butter Popcorn 1 oz. /140 Kcals	<b>YES</b>