## Constant Contact Survey Results

Survey Name: Wellness Promotion Policy and Healthy School Teams - Annual Survey - FY16
Response Status: Partial \& Completed
Filter: None
Nov 21, 2016 9:46:07 AM

1. Please enter the information indicated below.

First Name
Last Name
Email Address
Role
School Name
School Type (Elementary, Middle, High, K-8,
etc.)
2. What are the official school roles of the members on the Healthy School Team at your school for $\mathfrak{C}$ please indicate who the Healthy School Team Leader is.

|  | Number of Response(s) |
| :--- | ---: |
| Principal | 93 |
| Assistant Principal | 124 |
| Wellness Designee | 90 |
| Wellness Champion (Employee Wellness) | 116 |
| SFS Manager | 97 |
| Physical Education Teacher | 132 |
| Guidance Counselor | 60 |
| School Nurse | 75 |
| Afterschool Programming Director | 49 |
| Parent(s) | 18 |
| Student(s) | 16 |
| Community Member(s) | 8 |
| Other | 76 |
| Total | 198 |
| 107 Comment(s) |  |

3. Please list the names of the team members selected in the previous question (in the order you sel
4. How does the staff at your school receive updates regarding wellness initiatives including the We healthy campaigns, etc.? Check all that apply.

|  | Number of Response(s) |
| :--- | ---: |
| Email | 189 |
| Newsletters | 55 |
| US Mail | 5 |
| Phone Call Out Messages | 13 |
| Morning / Afternoon Announcements | 54 |
| Facebook | 10 |
| Instagram | 3 |
| Twitter | 16 |
| Wellness Champion | 105 |
| Healthy School Team Leader | 57 |
| Other | 33 |
| Total | 197 |
| 1 Comment(s) |  |

5. How do the employees at your school promote and adhere to the Tobacco Free Environment "No tobacco, illegal drugs and alcohol consumption set forth in School Board Policy 7.19? Check all tha

|  | Number of Response(s) |
| :--- | ---: |
| Verbally | 133 |
| School Events | 48 |
| Sinage | 97 |
| School Handbooks | 128 |
| Other | 14 |
| Total | 197 |
| 13 Comment(s) |  |

6. How is the "Green School Initiative" implemented and demonstrated in daily school practices at $\mathbf{y}$ apply.

Number of Response(s)
Recycling 175
Energy Conservation 120
Indoor Air Quality Protection $\quad 48$
Composting 26

| Other | 38 |
| :---: | :---: |
| Total | 197 |
| 20 Comment(s) |  |
| 7. What afterschool programming activities does your school provide to students? Check all that ar |  |
| Number of Response(s) |  |
| Cooking Clubs | 65 |
| Running Clubs | 83 |
| Gardening Clubs | 107 |
| Mindfulness Clubs | 17 |
| Yoga | 28 |
| Dance Clubs | 100 |
| PTA / PTSA Activities | 55 |
| Other | 82 |
| Total | 197 |
| 30 Comment(s) |  |
| 8. What afterschool programming activities does your school provide to staff? Check all that apply. |  |
| Number of Response(s) |  |
| Cooking Clubs | 3 |
| Running Clubs | 36 |
| Gardening Clubs | 19 |
| Mindfulness Clubs | 4 |
| Yoga | 24 |
| Dance Clubs | 5 |
| Staff Development Training | 108 |
| PTA / PTSA Activities | 42 |
| Other | 83 |
| Total | 197 |
| 27 Comment(s) |  |

9. Are you interested in having volunteers on campus to assist with your wellness projects and initia

| Yes (please list projects and initiatives below) | 77 |
| :--- | ---: |
| No | 120 |
| No Responses | 198 |
| Total |  |
| 60 Comment(s) |  |

10. How does your school provide students with Nutrition Education activities and resources? Cher

|  | Number of Response(s) |
| :--- | ---: |
| Health Fairs | 47 |
| Guest Speakers | 64 |
| Morning / Afternoon Announcements | 118 |
| School Newsletter | 73 |
| Commit 2B Fit | 76 |
| Other | 45 |
| Total | 193 |
| 21 Comment(s) |  |

11. Has your school established nutritional standard requirements for classroom parties, fundraiser: community events?

Number of Response(s)
Yes (please describe below) 84
No 109
No Responses 5
Total 198
77 Comment(s)
12. Does your school have a garden?

Number of Response(s)

| Yes | 128 |
| :--- | ---: |
| No | 55 |


| We would like to have a garden on campus (please add the name and email | 27 |
| :--- | ---: |
| Total | 194 |
| 44 Comment(s) | Number of Response(s) |
|  | 8 |
| 13. If your school has a garden, what is done with the food that is harvested? |  |
|  | 81 |
|  | 62 |
| Sold on or off campus | 54 |
| Samples are provided to students | 192 |
| We don't have a school garden |  |
| Other |  |
| Total |  |
| 33 Comment(s) |  |

14. Provide the names, roles and email addresses of the garden contacts at your school. (If you don' write "no garden" and provide the name and email address of the confidential secretary at your schc

192 Response(s)
15. If School Food Service is not the only source of food SOLD to students during the school day ( $m$ the official school days ends), identify where students at your school purchase food.

Number of Response(s)
Vending Machines 34
School Stores $\quad 12$
Snack / Coffee Bar $\quad 5$
Concession Stand $\quad 13$
Classroom Party $\quad 13$
School Fundraisers 59
Teacher Classrooms $\quad 5$
Other 96

Total 192
63 Comment(s)
16. Based upon your responses in the previous question, please indicate what items are SOLD and $t$ these items are sold. Please list your responses in the order of your selections above.
17. Do you use the Smart Snack Calculator located on the District's School Food Service website to with food items SOLD outside of the cafeteria.

|  | Number of Response(s) |
| :--- | ---: |
| Yes | 89 |
| No (please describe the process followed on campus to ensure compliance.) | 103 |
| No Responses | 6 |
| Total | 198 |
| 69 Comment(s) |  |

18. tacn scnool level nas an alıowabie number or aays wnere tooa runaraisers SULU to stuaents ma Snack Guidelines. These are referred to as "exemptions" or "exempted" food fundraisers. In the bo each "exempted" food fundraiser conducted at your school this year. The following information ML "exempted" food fundraiser:Type of Food SOLD to students (candy, doughnuts, snow cones, ice cre SOLD to studentsExamble:Tvne of Food SOLD: Candv Bars Dates and Times SOLD: Abril 1. 2. 3. 4 192 Response(s)
19. How does your school encourage students to participate in physical activity? Check all that app

Number of Response(s)
Field Day Events 141
Walking Classroom33
Organized Walks / Runs ..... 82
Adventure to Fitness (ATF) ..... 28
Commit 2B Fit ..... 63
PEP Grant ..... 11
South Florida Kids Mile ..... 35
Jump Rope for Heart ..... 110
Intramural Sports Activities ..... 63
Other ..... 59
Total ..... 190
27 Comment(s)
20. How does your school encourage staff to participate in physical activity? Check all that apply.
Field Day Events ..... 104
Walking Classroom ..... 28
Organized Walks / Runs ..... 94
Adventure to Fitness (ATF) ..... 18
Commit 2B Fit ..... 41
PEP Grant ..... 4
Professional Development ..... 49
South Florida Kids Mile ..... 14
Jump Rope for Heart ..... 61
Intramural Sports Activities ..... 33
Other ..... 60
Total ..... 190
26 Comment(s)
21. What resources are classroom teachers currently using on campus to provide activity breaks thrCheck all that apply.
Number of Response(s)
Go Noodle ..... 88
Adventure to Fitness (AFT) ..... 41
Other ..... 110
Total ..... 190
35 Comment(s)
22. Which grades at your school participate in recess in addition to physical education? Check all t
Number of Response(s)
Pre-K ..... 63
Kindergarten ..... 108
First Grade ..... 108
Second Grade ..... 105
Third Grade ..... 99
Fourth Grade ..... 96
Fifth Grade ..... 94
Sixth Grade ..... 20
Seventh Grade ..... 20
Eighth Grade ..... 20
Other ..... 68
Total ..... 190
23. Provide a breakdown by grade indicating how many days per week and how long each day reces example: Kindergarten: 1 day/week; 20 minutes.

190 Response(s)
24. How often do students in grades K-5 receive physical education instruction from the physical ed

|  | Number of Response(s) |
| :--- | ---: |
| Daily | 11 |
| $1 \times /$ week | 61 |
| $2 x /$ week | 22 |
| $3 x /$ week | 8 |
| $4 \times /$ week | 0 |
| Other | 88 |
| No Responses | 8 |
| Total | 198 |
| 41 Comment(s) |  |

25. Are counseling resources available on your campus to address the academic, social and emotiol students attending your school?

Number of Response(s)
Yes (please provide details in the comment box) 181
No 9
No Responses $\quad 8$
Total 198
150 Comment(s)
26. If your school has implemented wellness practices that are more robust than what is required by please explain.

99 Response(s)
27. Please indicate who will be on your Healthy School Team in SY17. Please indicate who the Healt will be in the comment box.

|  | Number of Response(s) |
| :--- | ---: |
| Principal | 91 |
| Assistant Principal | 128 |
| Wellness Designee | 101 |
| Wellness Champion (Employee Wellness) | 124 |
| SFS Manager | 96 |
| Physical Education Teacher | 146 |
| Guidance Counselor | 77 |
| School Nurse | 91 |
| Afterschool Programming Director | 57 |
| Parent(s) | 27 |
| Student(s) | 25 |
| Community Member(s) | 7 |
| Other | 46 |
| Total | 190 |
| 70 Comment(s) |  |

28. Please list the names of the team members selected in the previous question (in the order you st

190 Response(s)

¡Y16? In the comment box,

|  |
| ---: |
| Response Ratio |
| $46.9 \%$ |
| $62.6 \%$ |
| $45.4 \%$ |
| $58.5 \%$ |
| $48.9 \%$ |
| $66.6 \%$ |
| $30.3 \%$ |
| $37.8 \%$ |
| $24.7 \%$ |
| $9.0 \%$ |
| $8.0 \%$ |
| $4.0 \%$ |
| $38.3 \%$ |
| $100 \%$ |

ected them.)

Ilness Rewards program,

| Response Ratio |
| ---: |
| $95.9 \%$ |
| $27.9 \%$ |
| $2.5 \%$ |
| $6.5 \%$ |
| $27.4 \%$ |
| $5.0 \%$ |
| $1.5 \%$ |
| $8.1 \%$ |
| $53.2 \%$ |
| $28.9 \%$ |
| $16.7 \%$ |
| $100 \%$ |

Use" policy regarding it apply.

Response Ratio

| Response Ratio |
| ---: |
| $67.5 \%$ |
| $24.3 \%$ |
| $49.2 \%$ |
| $64.9 \%$ |
| $7.1 \%$ |
| $100 \%$ |

our school? Check all that

Response Ratio
88.8\% 60.9\% 24.3\% 13.1\%

| $19.2 \%$ |
| ---: |
| $100 \%$ |

sply.

Response Ratio 32.9\% 42.1\% 54.3\% 8.6\% $14.2 \%$ 50.7\% 27.9\% $41.6 \%$
$100 \%$

Response Ratio

| $1.5 \%$ |
| ---: |
| $18.2 \%$ |
| $9.6 \%$ |
| $2.0 \%$ |
| $12.1 \%$ |
| $2.5 \%$ |
| $54.8 \%$ |
| $21.3 \%$ |
| $42.1 \%$ |
| $100 \%$ |

tives?

| Response Ratio |
| ---: |
| $38.8 \%$ |
| $60.6 \%$ |
| $<1 \%$ |
| $100 \%$ |

zk all that apply.

| Response Ratio |
| ---: |
| $24.3 \%$ |
| $33.1 \%$ |
| $61.1 \%$ |
| $37.8 \%$ |
| $39.3 \%$ |
| $23.3 \%$ |
| $100 \%$ |

s, evening and/or

Response Ratio
42.4\% 55.0\% 2.5\% 100\%

Response Ratio
65.9\% 28.3\%

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| Response Ratio |
| ---: |
| $17.7 \%$ |
| $6.2 \%$ |
| $2.6 \%$ |
| $6.7 \%$ |
| $6.7 \%$ |
| $30.7 \%$ |
| $2.6 \%$ |
| $50.0 \%$ |
| $100 \%$ |

the times during the day
determine compliance

Response Ratio

| $44.9 \%$ |
| ---: |
| $52.0 \%$ |
| $3.0 \%$ |
| $100 \%$ |

zy tall outsiae the smart x below, please provide JST be submitted for each эam, etc.)Dates and Times and 5th - from 30m to 4om
ly.

| Response Ratio |
| ---: |
| $74.2 \%$ |
| $17.3 \%$ |
| $43.1 \%$ |
| $14.7 \%$ |
| $33.1 \%$ |
| $5.7 \%$ |
| $18.4 \%$ |
| $57.8 \%$ |
| $33.1 \%$ |
| $31.0 \%$ |
| $100 \%$ |


| Response Ratio |
| ---: |
| $54.7 \%$ |
| $14.7 \%$ |
| $49.4 \%$ |
| $9.4 \%$ |
| $21.5 \%$ |
| $2.1 \%$ |
| $25.7 \%$ |
| $7.3 \%$ |
| $32.1 \%$ |
| $17.3 \%$ |
| $31.5 \%$ |
| $100 \%$ |

oughout the school day?

Response Ratio

| $46.3 \%$ |
| ---: |
| $21.5 \%$ |
| $57.8 \%$ |
| $100 \%$ |

hat apply.

Response Ratio
33.1\%
56.8\%
56.8\%
55.2\%
52.1\%
50.5\%
49.4\%
10.5\%
10.5\%
10.5\%
35.7\%

100\%
s takes place. For
ucation teacher.

Response Ratio

| $5.5 \%$ |
| ---: |
| $30.8 \%$ |
| $11.1 \%$ |
| $4.0 \%$ |
| $0.0 \%$ |
| $44.4 \%$ |
| $4.0 \%$ |
| $100 \%$ |

nal well-being needs of all

| Response Ratio |
| ---: |
| $91.4 \%$ |
| $4.5 \%$ |
| $4.0 \%$ |
| $100 \%$ |

the District's policy,
hy School Team Leader

Response Ratio

| $47.8 \%$ |
| ---: |
| $67.3 \%$ |
| $53.1 \%$ |
| $65.2 \%$ |
| $50.5 \%$ |
| $76.8 \%$ |
| $40.5 \%$ |
| $47.8 \%$ |
| $30.0 \%$ |
| $14.2 \%$ |
| $13.1 \%$ |
| $3.6 \%$ |
| $24.2 \%$ |
| $100 \%$ |

slected them.)

