



Healthy School Teams

Constant Contact Survey Results

Survey Name: Wellness Promotion Policy and Healthy School Teams - Annual Survey - FY16

Response Status: Partial & Completed

Filter: None

11/21/2016 9:42 AM EST

*Please enter the information indicated below.

Answers	Number of Response(s)
First Name	198
Last Name	198
Email Address	198
Role	198
School Name	198
School Type (Elementary, Middle, High, K-8, etc.)	198

*What are the official school roles of the members on the Healthy School Team at your school for SY16?
 In the comment box, please indicate who the Healthy School Team Leader is.

Answer	0%	100%	Number of Response(s)	Response Ratio
Principal			93	46.9 %
Assistant Principal			124	62.6 %
Wellness Designee			90	45.4 %
Wellness Champion (Employee Wellness)			116	58.5 %
SFS Manager			97	48.9 %
Physical Education Teacher			132	66.6 %
Guidance Counselor			60	30.3 %
School Nurse			75	37.8 %
Afterschool Programming Director			49	24.7 %
Parent(s)			18	9.0 %
Student(s)			16	8.0 %
Community Member(s)			8	4.0 %
Other			76	38.3 %
Totals			198	100%

*Please list the names of the team members selected in the previous question (in the order you selected them.)

198 Response(s)

TextBlock:

Wellness

How does the staff at your school receive

*updates regarding wellness initiatives including the Wellness Rewards program, healthy campaigns, etc.? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Email			189	95.9 %
Newsletters			55	27.9 %
US Mail			5	2.5 %
Phone Call Out Messages			13	6.5 %
Morning / Afternoon Announcements			54	27.4 %
Facebook			10	5.0 %
Instagram			3	1.5 %
Twitter			16	8.1 %
Wellness Champion			105	53.2 %
Healthy School Team Leader			57	28.9 %
Other			33	16.7 %
Totals			197	100%

How do the employees at your school

*promote and adhere to the Tobacco Free Environment "No Use" policy regarding tobacco, illegal drugs and alcohol consumption set forth in School Board Policy 7.19? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Verbally			133	67.5 %
School Events			48	24.3 %
Signage			97	49.2 %
School Handbooks			128	64.9 %
Other			14	7.1 %
Totals			197	100%

How is the "Green School Initiative" implemented

*and demonstrated in daily school practices at your school? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Recycling			175	88.8 %
Energy Conservation			120	60.9 %
Indoor Air Quality Protection			48	24.3 %
Composting			26	13.1 %
Other			38	19.2 %
Totals			197	100%

*What afterschool programming activities does your school provide to students? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Cooking Clubs			65	32.9 %
Running Clubs			83	42.1 %
Gardening Clubs			107	54.3 %
Mindfulness Clubs			17	8.6 %
Yoga			28	14.2 %
Dance Clubs			100	50.7 %
PTA / PTSA Activities			55	27.9 %
Other			82	41.6 %
Totals			197	100%

*What afterschool programming activities does your school provide to staff? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Cooking Clubs			3	1.5 %
Running Clubs			36	18.2 %
Gardening Clubs			19	9.6 %
Mindfulness Clubs			4	2.0 %
Yoga			24	12.1 %
Dance Clubs			5	2.5 %
Staff Development Training			108	54.8 %
PTA / PTSA Activities			42	21.3 %
Other			83	42.1 %
Totals			197	100%

***Are you interested in having volunteers on campus to assist with your wellness projects and initiatives?**

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes (please list projects and initiatives below)			77	38.8 %
No			120	60.6 %
No Response(s)			1	<1 %
Totals			198	100%

TextBlock:

Nutrition



***How does your school provide students with Nutrition Education activities and resources? Check all that apply.**

Answer	0%	100%	Number of Response(s)	Response Ratio
Health Fairs			47	24.3 %
Guest Speakers			64	33.1 %
Morning / Afternoon Announcements			118	61.1 %
School Newsletter			73	37.8 %
Commit 2B Fit			76	39.3 %
Other			45	23.3 %
Totals			193	100%





***Has your school established nutritional standard requirements for classroom parties, fundraisers, evening and/or community events?**

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes (please describe below)			84	42.4 %
No			109	55.0 %
No Response(s)			5	2.5 %
Totals			198	100%

*Does your school have a garden?

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			128	65.9 %
No			55	28.3 %
We would like to have a garden on campus (please add the name and email address of the person to contact in the comment box)			27	13.9 %
Totals			194	100%

*If your school has a garden, what is done with the food that is harvested?

Answer	0%	100%	Number of Response(s)	Response Ratio
Sold on or off campus			8	4.1 %
Samples are provided to students			81	42.1 %
We don't have a school garden			62	32.2 %
Other			54	28.1 %
Totals			192	100%

Provide the names, roles and email addresses of the garden contacts at your school. (If you don't have a school garden, write "no garden" and provide the name and email address of the confidential secretary at your school.)

192 Response(s)

If School Food Service is not the only source of food SOLD to students during the school day (midnight * to 30 minutes after the official school days ends), identify where students at your school purchase food.

Answer	0%	100%	Number of Response(s)	Response Ratio
Vending Machines			34	17.7 %
School Stores			12	6.2 %
Snack / Coffee Bar			5	2.6 %
Concession Stand			13	6.7 %
Classroom Party			13	6.7 %
School Fundraisers			59	30.7 %
Teacher Classrooms			5	2.6 %
Other			96	50.0 %
Totals			192	100%

Based upon your responses in the previous question, please indicate what items are SOLD and the * times during the day these items are sold. Please list your responses in the order of your selections above.

191 Response(s)

Do * you use the Smart Snack Calculator located on the District's School Food Service website to determine compliance with food items SOLD outside of the cafeteria.

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			89	44.9 %
No (please describe the process followed on campus to ensure compliance.)			103	52.0 %
No Response(s)			6	3.0 %
Totals			198	100%











Each school level has an allowable number of days where food fundraisers SOLD to students may fall outside the Smart Snack Guidelines. These are referred to as "exemptions" or "exempted" food fundraisers. In the box below, please provide each "exempted" food fundraiser conducted at your school * this year. The following information MUST be submitted for each "exempted" food fundraiser: Type of Food SOLD to students (candy, doughnuts, snow cones, ice cream, etc.) Dates and Times SOLD to students Example: Type of Food SOLD: Candy Bars Dates and Times SOLD: April 1, 2, 3, 4 and 5th - from 3pm to 4pm

192 Response(s)












TextBlock:

Physical Activity

* How does your school encourage students to participate in physical activity? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Field Day Events			141	74.2 %
Walking Classroom			33	17.3 %
Organized Walks / Runs			82	43.1 %
Adventure to Fitness (ATF)			28	14.7 %
Commit 2B Fit			63	33.1 %
PEP Grant			11	5.7 %
South Florida Kids Mile			35	18.4 %
Jump Rope for Heart			110	57.8 %
Intramural Sports Activities			63	33.1 %
Other			59	31.0 %
Totals			190	100%

* How does your school encourage staff to participate in physical activity? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Field Day Events			104	54.7 %
Walking Classroom			28	14.7 %
Organized Walks / Runs			94	49.4 %
Adventure to Fitness (ATF)			18	9.4 %
Commit 2B Fit			41	21.5 %
PEP Grant			4	2.1 %
Professional Development			49	25.7 %
South Florida Kids Mile			14	7.3 %
Jump Rope for Heart			61	32.1 %
Intramural Sports Activities			33	17.3 %
Other			60	31.5 %
Totals			190	100%

What resources are classroom teachers

* currently using on campus to provide activity breaks throughout the school day?

Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Go Noodle			88	46.3 %
Adventure to Fitness (AFT)			41	21.5 %
Other			110	57.8 %
Totals			190	100%

* Which grades at your school

participate in recess in addition to physical education? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Pre-K			63	33.1 %
Kindergarten			108	56.8 %
First Grade			108	56.8 %
Second Grade			105	55.2 %
Third Grade			99	52.1 %
Fourth Grade			96	50.5 %
Fifth Grade			94	49.4 %
Sixth Grade			20	10.5 %
Seventh Grade			20	10.5 %
Eighth Grade			20	10.5 %
Other			68	35.7 %
Totals			190	100%

* Provide a breakdown by grade indicating how many days per week and how long each day recess takes place. For example: Kindergarten: 1 day/week; 20 minutes.

190 Response(s)

* How often do students in grades K-5 receive physical education instruction from the physical education teacher.

Answer	0%	100%	Number of Response(s)	Response Ratio
Daily			11	5.5 %
1x / week			61	30.8 %
2x / week			22	11.1 %
3x / week			8	4.0 %
4x / week			0	0.0 %
Other			88	44.4 %
No Response(s)			8	4.0 %
Totals			198	100%

TextBlock:

Emotional Well-being

Are counseling resources available on your campus to address the academic, social and emotional well-being needs of all students attending your school?

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes (please provide details in the comment box)			181	91.4 %
No			9	4.5 %
No Response(s)			8	4.0 %
Totals			198	100%

TextBlock:

Bonus Question

If your school has implemented wellness practices that are more robust than what is required by the District's policy, please explain.

99 Response(s)

TextBlock:

SY17 Planning

* Please indicate who will be on your Healthy School Team in SY17. Please indicate who the Healthy School Team Leader will be in the comment box.

Answer	0%	100%	Number of Response(s)	Response Ratio
Principal			91	47.8 %
Assistant Principal			128	67.3 %
Wellness Designee			101	53.1 %
Wellness Champion (Employee Wellness)			124	65.2 %
SFS Manager			96	50.5 %
Physical Education Teacher			146	76.8 %
Guidance Counselor			77	40.5 %
School Nurse			91	47.8 %
Afterschool Programming Director			57	30.0 %
Parent(s)			27	14.2 %
Student(s)			25	13.1 %
Community Member(s)			7	3.6 %
Other			46	24.2 %
Totals			190	100%

* Please list the names of the team members selected in the previous question (in the order you selected them.)

190 Response(s)