

**Palm Beach Gardens Community High School**  
**Recipe Testing and Analysis**  
**Dietetic Intern – Didactic Experience**

**Asian Green Beans**

All study groups completed a self-survey. A likert scale from 1-6 was used, 1 being not good and 6 is excellent.

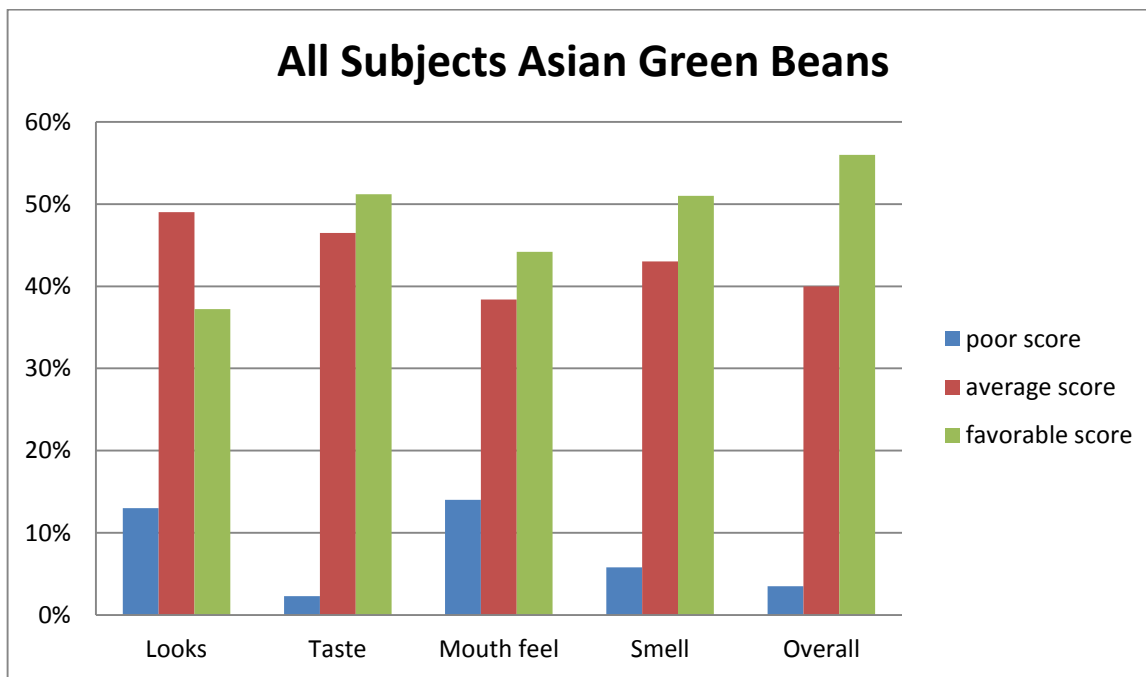
76 student responses and 10 teacher/staff responses.

**Results**

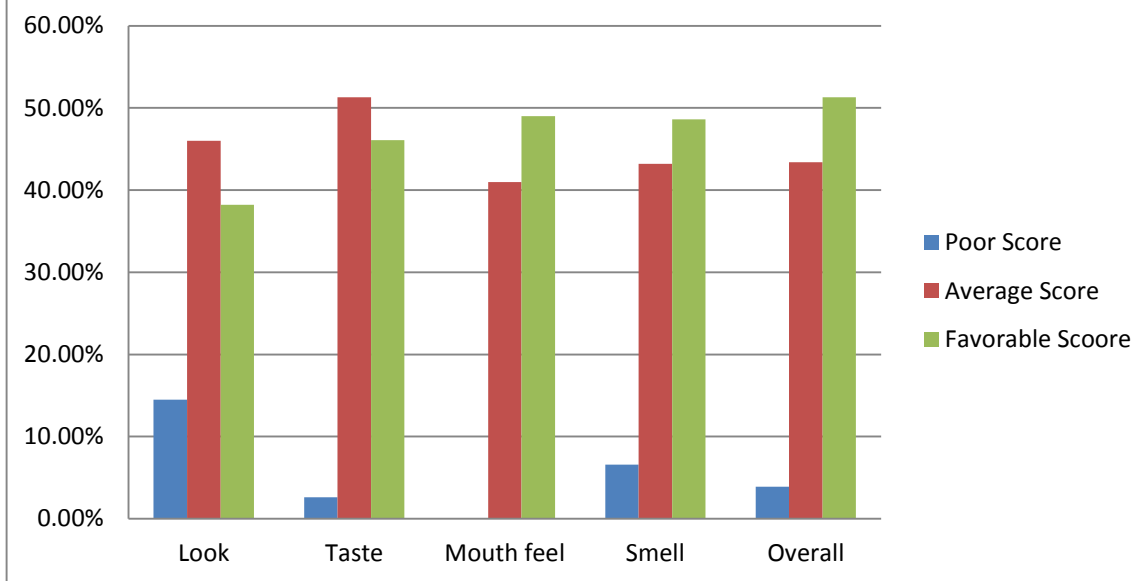
Students	1 Not Good	2	3	4	5	6 Excellent
Look	5	6	15	20	18	11
Taste	2	0	11	28	17	18
Mouth Feel	2	10	11	20	17	16
Smell	3	2	13	20	14	23
Overall	3	0	12	21	25	14

Teachers	1 Not Good	2	3	4	5	6 Excellent	N/A
Look	0	0	1	6	2	1	
Taste	0	0	1	0	7	2	
Mouth Feel	0	0	0	2	5	1	2
Smell	0	0	1	3	1	5	
Overall	0	0	1	0	6	3	

For the Charts, scores 1 and 2, 3 and 4, and 5 and 6 were combined to decrease the amount of data used in the graph.



## Student Results Asian Green Beans



## Spanish Rice

At Palm Beach Gardens Community High School I tested two recipes for Spanish rice

40 students consumed samples and completed surveys.

20 students tried the original recipe and 20 tried the recipe flavored with cumin and granulated garlic.

To the original recipe 1 tablespoon of cumin and 2 teaspoons of garlic were added.

## Results

Original Recipe	1 Not Good	2	3	4	5	6 Excellent
Look	0	1	3	4	10	2
Taste	0	2	4	6	5	3
Mouth Feel	1	1	3	8	4	3
Smell	0	1	3	6	6	4
Overall	1	2	1	3	10	3

Altered Recipe	1 Not Good	2	3	4	5	6 Excellent
Look	0	1	2	3	7	7
Taste	0	0	2	6	8	4
Mouth Feel	1	1	2	7	5	4
Smell	1	1	1	7	6	4
Overall	1	0	2	4	9	4

For the Charts, scores 1 and 2, 3 and 4, and 5 and 6 were combined to decrease the amount of data used in the graph.

