

The School District of Palm Beach County, Florida

Wellness Promotion Policy (2.035)

Community Input Workshop

January 30, 2017

Seated at the Panelist Table:

Allison Monbleau, Bruce Harris, Cathy Burns, Lisa Toy, Carlye Fabrikant,
Jamie McCarthy Probst, Eric Stern and Paula Triana

Allison Monbleau:

Welcome everyone. I would like to officially call to order the Wellness Promotion Policy (2.035) Community Input Workshop. If we could all please stand for the pledge of allegiance.

We can all be seated.

Good Afternoon, I am Allison Monbleau, Director of School Food Service and this is Paula Triana, our Wellness Promotion Manager. In 2004 there was a mandate by the Federal Government for *Women, Infants, and Children (WIC) Reauthorization Act of 2004* which required all Local Education Agencies that operate the NSLP to create and implement a Local School Wellness Policy by June 30, 2006. At that time our superintendent designated the School Food Service Department to oversee this initiative. Since then, we have done the following:

- Adopted and have had 4 revisions to the *Wellness Promotion Policy*
- Developed a *Wellness Promotion Task Force* which meets 5 times per year with District and Community partners
- Highlighted the District's accomplishments in all areas of Wellness in 10 *Wellness Promotion Policy Annual Reports*
- And most recently have developed a *Wellness Promotion Strategic Business Plan*.

We are very proud of our wellness policy and also understand that improvements can always be made. We are here today to receive comments about our policy. We will collect all the comments, direct them to the appropriate departments who oversee that particular wellness item, and make adjustments to the policy where feasible. We anticipate revised and adopted by the beginning of the 2017-2018 school year.

At this time I am going to pass the meeting to Paula who will introduce our panelists and will lead us through the submission of comments and/or questions.

Paula Triana:

Good Afternoon, first I would like to introduce our panelists...

- Mr. Bruce Harris – Assistant General Counsel, Legal Services
- Eric Stern – Physical Education, Health, and Driver Education Administrator
- Dr. Cathy Burns – Health Services Specialist, Safe Schools
- Mrs. Carlye Fabrikant, Wellness Coordinator, Risk & Benefits Management
- Mrs. Jamie McCarthy Probst – Nutrition Services Manager, SFS Department
- Ms. Lisa Toy, Sustainability & Recycling Coordinator, Environmental & Conservation Services

When you entered the room today you should have been provided with an index card to request an opportunity to speak today. Please complete your index card with your name, organization, contact information, and comment description and provide to Francesca Stevens, our Assistant Wellness Coordinator. We will call you to the table to allow time for you to share your comments and/or ask any questions.

While you are completing your comment cards...I would like to share with you the four comments that were emailed to us prior to this *Community Input Workshop*:

1. Water should be able to be sold to students at all times during the school day by school staff as a fundraiser
2. All schools should promote active transportation to school as the preferred method of getting to and going from school - walking, biking, or scooting
3. Each school should have a walk/bike coordinator who makes sure walking and biking is safe and convenient
4. Playground equipment should be challenging and encourage children to take reasonable risks

Thank you in advance for helping us make our *Wellness Promotion Policy* one that will positively impact students, staff, parents and our community.

Now...*let's get started...*

Debra Tendrich – Eat Better Live Better

- I have developed a school lunch line program for Elementary Schools. It incentivizes healthy choices. How can I make it countywide?
- I designed a Healthy Advocacy Workshop for Community Centers, Churches, Schools, and Daycares etc. Can we offer this for teachers and add it into the wellness program? This goes into details also about bullying and medical conditions etc.

Karen McClintock – Department of Health

- Enforcement of Physical Education Policy (8.025) and state statutes 1003.01(16) and 1003.455 – concerning recess and 150 minutes of weekly physical education.
- Allotment of education time in addition to growth and development to include nutrition and health education.

Elly Zanin – Commit 2B Fit Program

- Information was given on a new concept that Commit 2B Fit Program has now. It is still just in the conceptual phase.
- They are looking at an online version of Commit 2B Fit, not to necessarily replace the planner, but to be an enhancement to the planner.
- In some cases, it could replace the planner in some districts that would find an online version more amenable to their situation rather than a hard copy.
- The platform that this holds can hold a lot of information such as a complete nutrition curriculum and staff development.
- A model has been created that Commit 2B Fit would like to show to The School District of Palm Beach County.
- This online version would launch all their efforts to align with the District technology plan.
- They are presently investigating how they can structure this digital component to help schools meet their technology requirements.
- Once Commit 2B Fit receives “buy-in” from interested school districts, they are ready to pursue sponsors and funding to eliminate the financial burden on districts.

Leoncio Garcia – Parent

- A Wellington resident with four children, three of which are still attending Palm Beach County schools, 3rd, 8th, and 11th grade.
- A former bilingual Social Studies teacher from New York.
- All his children have complained about the food. They don't want to eat at school because they don't like it. Their friends state the same.
- Suggested that if the School Food Service Department would give them more choices maybe they will eat.