



Constant Contact Survey Results

Survey Name: Healthy School Teams - Wellness Annual Assessment - FY17

Response Status: Partial & Completed

Filter: None

3/9/2018 6:41 AM EST









*Please enter the information indicated below.

| Answers | Number of Response(s) |
|---|-----------------------|
| First Name | 202 |
| Last Name | 202 |
| Email Address | 202 |
| Role | 202 |
| School Name | 202 |
| School Type (Elementary, Middle, High, K-8, etc.) | 202 |









TextBlock:

Wellness










How is the "Green School Initiative" implemented
 *and demonstrated in daily school practices at your school? Check all that
 apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|---|--|------|-----------------------|----------------|
| Recycling |  | | 176 | 87.1 % |
| Energy Conservation |  | | 108 | 53.4 % |
| Indoor Air Quality Protection |  | | 27 | 13.3 % |
| Composting |  | | 29 | 14.3 % |
| Sustainability Curriculum |  | | 41 | 20.2 % |
| Water Conservation |  | | 47 | 23.2 % |
| No Green Initiatives at our School -- We are interested though! |  | | 20 | 9.9 % |
| Other |  | | 90 | 44.5 % |
| Totals | | | 202 | 100% |

*What afterschool programming activities does your school provide to students? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|-----------------------|---|------|-----------------------|----------------|
| Cooking Clubs |  | | 60 | 29.7 % |
| Running Clubs |  | | 80 | 39.6 % |
| Gardening Clubs |  | | 98 | 48.5 % |
| Mindfulness Clubs |  | | 18 | 8.9 % |
| Yoga |  | | 30 | 14.8 % |
| Dance Clubs |  | | 94 | 46.5 % |
| PTA / PTSA Activities |  | | 55 | 27.2 % |
| Other |  | | 69 | 34.1 % |
| Totals | | | 202 | 100% |







*What activities do you offer onsite and/or promote to staff? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|--|---|------|-----------------------|----------------|
| Running / Walking Clubs |  | | 83 | 41.0 % |
| Onsite Walking Path |  | | 47 | 23.2 % |
| Onsite Group Fitness (Either Videos or Instructor Led) |  | | 67 | 33.1 % |
| Real Appeal Support Group |  | | 28 | 13.8 % |
| Workshops / Classes to Promote Healthy Lifestyles |  | | 41 | 20.2 % |
| Staff Sports |  | | 52 | 25.7 % |
| Local Exercise Facilities and/or Adult Education Fitness / Leisure Classes |  | | 44 | 21.7 % |
| Colorweeks |  | | 49 | 24.2 % |
| Other |  | | 52 | 25.7 % |
| Totals | | | 202 | 100% |



TextBlock:

Nutrition




* How does your school provide students with Nutrition Education activities and resources? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|-----------------------------------|---|------|-----------------------|----------------|
| Health Fairs |  | | 29 | 14.3 % |
| Guest Speakers |  | | 57 | 28.2 % |
| Morning / Afternoon Announcements |  | | 111 | 54.9 % |
| School Newsletter |  | | 58 | 28.7 % |
| Commit 2B Fit Program |  | | 69 | 34.1 % |
| Other |  | | 59 | 29.2 % |
| Totals | | | 202 | 100% |




* Has your school established nutritional standard requirements for classroom parties, fundraisers, evening and/or community events?

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|-----------------------------|---|------|-----------------------|----------------|
| Yes (please describe below) |  | | 82 | 40.5 % |
| No |  | | 120 | 59.4 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |

* Does your school have a garden?

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|--|---|------|-----------------------|----------------|
| Yes |  | | 138 | 68.3 % |
| No |  | | 48 | 23.7 % |
| We would like to have a garden on our campus (please add the name and email address of the person to contact in the comment box) |  | | 16 | 7.9 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |

* What is done with the food that is harvested from your school garden? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|----------------------------------|---|------|-----------------------|----------------|
| Sold on or off campus |  | | 12 | 8.5 % |
| Samples are provided to students |  | | 91 | 64.5 % |
| Other |  | | 60 | 42.5 % |
| Totals | | | 141 | 100% |

***At your school, do you have a back pack program for weekend meals?**

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|---|----|------|-----------------------|----------------|
| Yes (If yes, in the comment box below, please provide the name of the community organization that is sponsoring the program.) | | | 31 | 15.3 % |
| No | | | 171 | 84.6 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |

***Do you have a food pantry at your school?**

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|---|----|------|-----------------------|----------------|
| Yes (If yes, in the comment box below, please provide the name of the community organization that is sponsoring the program.) | | | 24 | 11.8 % |
| No | | | 178 | 88.1 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |

If School Food Service is NOT the only source of food SOLD to students during the school day (midnight to 30 minutes after the official school days ends), identify where students

***at your school purchase food. (Refer to School Board Policy 6.185 - School Food Service Management). NOTE: Food and beverages SOLD in student vending machines must comply with the USDA Smart Snacks in School Standards at all times.**

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|--------------------|----|------|-----------------------|----------------|
| Vending Machines | | | 48 | 23.7 % |
| School Stores | | | 15 | 7.4 % |
| Snack / Coffee Bar | | | 9 | 4.4 % |
| Concession Stand | | | 13 | 6.4 % |
| Classroom Party | | | 28 | 13.8 % |
| School Fundraisers | | | 66 | 32.6 % |
| Teacher Classrooms | | | 16 | 7.9 % |
| Other | | | 87 | 43.0 % |
| Totals | | | 202 | 100% |

Do

*you use the Smart Snack Calculator located on the District's School Food

Service website to determine compliance with food items SOLD outside of the cafeteria.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|---|----|------|-----------------------|----------------|
| We do not sell food items outside the cafeteria. | | | 109 | 53.9 % |
| Yes | | | 55 | 27.2 % |
| No (please describe the process followed on campus to ensure compliance.) | | | 38 | 18.8 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |

Each school level has an allowable number of days where food fundraisers SOLD to students may fall outside the Smart Snack Guidelines. These are referred to as "exemptions" or "exempted" food fundraisers. In the box below, please provide each "exempted" food fundraiser conducted at your school this year. The following information MUST be submitted for each "exempted" food fundraiser: Type of Food SOLD to students (candy, doughnuts, snow cones, ice cream, etc.) Dates and Times SOLD to students Example: Type of Food SOLD: Candy Bars Dates and Times SOLD: April 1, 2, 3, 4 and 5th - from 3pm to 4pm If there were no exempted food fundraisers held at your school, write NONE in the box below.

202 Response(s)

Does your school have

*specific procedures or requirements for healthy food options in staff











vending machines or at staff meetings, parties and celebrations?

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|---|----|------|-----------------------|----------------|
| Yes, we have healthy food options in our staff vending machines. | | | 41 | 20.2 % |
| Yes, we have healthy food options at our staff meetings, parties and celebrations. | | | 70 | 34.6 % |
| No, we do not have any policies or procedures related to staff vending, meetings, etc. | | | 59 | 29.2 % |
| No, we do not have this at this time though we are interested in implementing some changes. | | | 32 | 15.8 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |




TextBlock:

Physical Activity

* How does your school encourage students to participate in physical activity? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|------------------------------|---|------|-----------------------|----------------|
| Field Day Events |  | | 159 | 78.7 % |
| Walking Classroom |  | | 37 | 18.3 % |
| Organized Walks / Runs |  | | 90 | 44.5 % |
| Adventure to Fitness (ATF) |  | | 21 | 10.3 % |
| Commit 2B Fit |  | | 64 | 31.6 % |
| PEP Grant |  | | 11 | 5.4 % |
| South Florida Kids Mile |  | | 31 | 15.3 % |
| Jump Rope for Heart |  | | 120 | 59.4 % |
| Intramural Sports Activities |  | | 73 | 36.1 % |
| Other |  | | 60 | 29.7 % |
| Totals | | | 202 | 100% |

What resources are classroom teachers currently using on campus to provide activity breaks throughout the school day? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|----------------------------|---|------|-----------------------|----------------|
| Go Noodle |  | | 107 | 52.9 % |
| Adventure to Fitness (ATF) |  | | 36 | 17.8 % |
| Other |  | | 103 | 50.9 % |
| Totals | | | 202 | 100% |

* Which grades at your school participate in recess in addition to physical education? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|---------------|----|------|-----------------------|----------------|
| Pre-K | | | 72 | 35.6 % |
| Kindergarten | | | 124 | 61.3 % |
| First Grade | | | 121 | 59.9 % |
| Second Grade | | | 121 | 59.9 % |
| Third Grade | | | 118 | 58.4 % |
| Fourth Grade | | | 116 | 57.4 % |
| Fifth Grade | | | 111 | 54.9 % |
| Sixth Grade | | | 19 | 9.4 % |
| Seventh Grade | | | 18 | 8.9 % |
| Eighth Grade | | | 18 | 8.9 % |
| Other | | | 65 | 32.1 % |
| Totals | | | 202 | 100% |

* Provide a breakdown by grade indicating how many days per week and how long each day recess takes place. For example: Kindergarten: 1 day/week; 20 minutes.

202 Response(s)

* How often do students in grades K-5 receive physical education instruction from the physical education teacher.








| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|----------------|----|------|-----------------------|----------------|
| Daily | | | 11 | 5.4 % |
| 1x / week | | | 66 | 32.6 % |
| 2x / week | | | 18 | 8.9 % |
| 3x / week | | | 0 | 0.0 % |
| 4x / week | | | 2 | <1 % |
| Other | | | 105 | 51.9 % |
| No Response(s) | | | 0 | 0.0 % |
| Totals | | | 202 | 100% |

TextBlock:





Emotional Well-being

Are any of the following counseling

*resources available on your campus to address the academic, social and emotional well-being needs of all students attending your school? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|----------------------------|--|------|-----------------------|----------------|
| Classroom Guidance Lessons |  | | 130 | 64.3 % |
| Small Group Counseling |  | | 143 | 70.7 % |
| Individual Counseling |  | | 172 | 85.1 % |
| Community Agency Services |  | | 121 | 59.9 % |
| Mentoring Opportunities |  | | 123 | 60.8 % |
| None |  | | 7 | 3.4 % |
| Other |  | | 10 | 4.9 % |
| Totals | | | 202 | 100% |

*Are any of the following made available / promoted to staff to address their mental health and emotional well-being? Check all that apply.

| Answer | 0% | 100% | Number of Response(s) | Response Ratio |
|--|---|------|-----------------------|----------------|
| Health Advocate / EAP Services are promoted and encouraged, and/or EAP Workshops are brought onsite during the year. |  | | 122 | 60.3 % |
| A relaxation room has been created where staff can spend a few minutes during the day. |  | | 29 | 14.3 % |
| Meditation, mindfulness and/or yoga practices are encouraged on campus, or a video/recording is made available to staff during the school day. |  | | 39 | 19.3 % |
| No, none of these practices are in place though we would like assistance in getting something started. |  | | 60 | 29.7 % |
| Totals | | | 202 | 100% |

TextBlock:

Bonus Question

If your school has implemented wellness practices that are more robust than what is required by the District's policy, please explain.

89 Response(s)