


**School Health Advisory Council Meeting Summary
American Lung Association of Florida**

November 9, 2017

TOPIC	DISCUSSION	ACTION
Introduction	Meeting led by Dr. Johanna Albrecht. She welcomed attendees and asked them to introduce themselves.	
Approval of Agenda	Approval of agenda following motion by Marsha Fishbane, seconded by Raquel Smith. Report from Executive Committee added by Dr. Albrecht.	Agenda approved.
Approval of Summary	Approval of summary following changes noted, motion by Siobhan Gross, seconded by Dr. Marsha Fishbane.	Approved summary For 10-12-17.
Old Business	<p>Mental Health Committee – No one from the Committee available. Dr. Seth Bernstein sent a report read by Dr. Albrecht: The State and County approved a new Transportation Plan that allows Backer Acted youths to bypass South County Mental Health Center and go directly to JFK Medical Center North Campus. Next meeting will be on Tuesday, December 12, 2017 at the Mental Health Association from 10:30 am – 12:00 pm. All are welcome to attend or call in.</p> <p>Wellness Promotion Task Force (WPTF) – Paula Triana informed that the first District’s Wellness Promotion Task Force meeting was cancelled due to Hurricane Irma. The next WPTF meeting will be Thursday, November 16th at 2:00 p.m. They will be adding new Resource EXPO opportunities at all WPTF future meetings this school year. For this coming WPTF meeting the Resource EXPO will take place from 2:00 p.m. – 2:50 p.m., meeting at 3:00 p.m. – 5:00 p.m.. The District’s Wellness Promotion Policy (2.035) is still in the revision process and the DRAFT has been sent to different external stakeholders for feedback. The Policy will be consolidated into one document instead of two. Hopefully in May 2018 the Policy will be adopted for the fifth time. The 2017 Healthy School Team Assessment gathers information about School Pantries, Backpack Program and Hunger Relief. The results found that the schools were not consistent with these different programs. The District has created a Hunger Relief Collaboration Team (HRCT) and this team will meet for the first time on November 28, 2017 at the School District building - FHESC.</p> <p>CDC Grant Advisory Committee – Cheryl Phillips informed that the Human Growth and Development Curriculum for 10th – 12th grades is being development right now. In 10th grade topics are: Teen Dating Violence, Sexting, Consent, Gender Expression, Sexual Orientation, Contraceptives and STIs. The pre-test are different, instead of the regular questions they are now scenario based. The 11th grade curriculum includes the same topics as the 10th grade and also includes Biases Against Other Students and Sexual Harassment. The 12th grade curriculum still working on it, should be ready by January for the teachers training. The diversity library has been successful, the teachers and students are checking them out. They will be starting a book study with the book “Lily and Dunkin” by Donna Gephart, for the Palm Beach County School District employees. The Human Rights Council conference will be in Orlando in February and the Stonewall Conference will be in April at the University of Texas.</p>	<p>SHAC Mental Health meeting call in # 1-888-670-3525 Participants pass code: 3482285528 #</p> <p>If you are interested in attending the District’s WPTF meetings please email Paula Triana at: wellness@palmbeachschools.org with your information so that it can be added in the WPTF Constant Contact Distribution List and invitation/RSVPs will be forthcoming prior to each meeting.</p>

	<p>School Health Services Report – Dr. Cathy Burns informed that the Teach Flu a Lesson Initiative reported delivering 10,600 flu vaccines to students and staff. They still have two more days to be completed and was well received by the schools. The School Board has decided on a pilot program called A Hosted Health Clinic, a combination of two different health programs. In addition to the School Nurse Health Room, the District will lease out space at Atlantic and Boynton Beach H.S. and provide IT and Logistic support to a FQHC Clinic to provide more primary healthcare services based on the RAMs model that was at Palm Beach Lakes H.S. Genesis Community Health will be the provider at Atlantic and Boynton Beach H.S. FoundCare and Florida Atlantic University are both looking to develop programs as well.</p>	
<p>New Business:</p> <p>“Sandy Hook Promise Know the Signs Violence Prevention Programs”</p> <p>Presentation Attached</p>	<p>“Sandy Hook Promise Know the Signs Violence Prevention Programs” – Blair Freedman informed that they are a national nonprofit organization that was started by several family members that lost their loved ones at the Sandy Hook Elementary School shooting in 2012. They help prevent gun violence and all forms of violence before it happens by training youths and adults to know the signs of someone who may be at-risk of hurting themselves or others and intervene to get them help. They educate at no cost with four programs and deliver them via multiple platforms.</p> <p>After the shooting at Sandy Hook Elementary they conducted research with various community agencies from law, schools, and mental health professionals. They learned that there are always signs before an act of violence. Most mass shootings are planned for more than 6 months in advance. A couple of years ago, 37% of threats of student’s violence were sent electronically, 28% used social media, and those numbers have increased.</p> <p>There are four Violence and Victimization Prevention Programs:</p> <ol style="list-style-type: none"> 1. Safety Assessment & Intervention (SAI) – Trains school site teams how to identify, assess and respond to threats of violence. 2. Signs of Suicide – Trains youth and adults how to identify, intervene and help depressed or suicidal individuals. 3. Start With Hello – Teaches students how to be more connected to each other. 4. Say Something – Teaches students to recognize signs of threats and say something to a trusted adult. <p>They have developed an app, Anonymous Reporting System, students are able to report a tip anonymously and are able to get help from the School District and law enforcement. The SAVE Promise Clubs, established and led by students are a powerful approach to preventing gun violence and other forms of violence. Sandy Hook Promise has stopped and reduced school shootings, suicide, gun threats, cutting, bullying, and other acts of violence across the US. Also helped hundreds of youth get mental health assistance and trained 2,000,000 youth and adults in their programs. They have made local and national impact in every State.</p> <p>Presentation attached below:</p> 	

<p>The Reality of Gun Violence, The Local Community Experience</p>	<p>The Reality of Gun Violence, The Local Community Experience - Angela Williams informed that MAMA (Mothers Against Murderers Association) started in 2003 after losing several family members to gun violence. They have 374 mothers in the group. They meet twice a month 1st and 3rd Thursday of the month. Angela has attended 370 funerals, 369 viewings since starting MAMA, and she goes to the crime scenes. All the young people are dying in the streets. They need people to help and get involved, they can't do it alone. Mama consist of Angela, her family and people she is able to help. She goes to churches and tries to get the pastors involved and speaks at juvenile correction facilities. There is no winner in gun violence only pain. MAMA now covers the entire State of Florida, it has grown very fast.</p> <p>The bill (Juvenile Life Without Parole) passed in 2009, juveniles committing violent crimes when they turn 18, will get a life sentence in the State of Florida. When it comes to children being sentenced, Florida is a very hard State. MAMA does many outreaches and programs in the community to bring them together. Sunday there will be a healing retreat for parents; they go through so much especially around the holidays. Many people do not know of their association and MAMA has been around for 14 years. Children life matters. They encourage everyone to get involved. They are located at 1897 Palm Beach Lakes Blvd.</p>	
<p>Announcements</p>	<p>Siobhan Gross informed that the Palm Beach Outlets will be hosting "Diabetes Awareness Day" on November 11, 2017 from 11:00 am – 3:00 pm. Free screenings, healthy cooking, Zumba dancing, face painting, and raffles.</p> <p>"Saddle Up" for Caregiving Youth! on Saturday, November 11, 2017 at the Via Mizner Golf and City Club, 6200 Boca Del Mar Drive, Boca Raton. Email saddleupgala@gmail.com or call 561-391-7401</p> <p>Tiffany Pans informed that the next CHIP (Community Health Improvement Plan) meeting will be on Wednesday, November 29, 2017 from 10:00 am – 12:00 pm. Everyone is welcomed. Topics: Mental & Behavioral Health, Active & Healthy Living and Access to Quality of Care.</p> <p>Reminder: send events information to Miguelina Cesario at: Miguelina.Cesario@flhealth.gov for distribution.</p>	
<p>Adjournment</p>	<p>Meeting adjourned at 1:30pm. Next meeting December 14, 2017.</p>	