


**School Health Advisory Council Meeting Summary
American Lung Association of Florida**

February 8, 2018

TOPIC	DISCUSSION	ACTION
Introduction	Meeting led by Dr. Johanna Albrecht. She welcomed attendees and asked them to introduce themselves.	
Approval of Agenda	Approval of agenda following motion by Dr. Marsha Fishbane seconded by Dr. Loren Berry.	Agenda approved.
Approval of Summary	Approval of summary following motion by Dr. Cathy Burns seconded by Dr. Marsha Fishbane.	Approved summary For 1-11-18.
Old Business	<p>Mental Health Committee – Dr. Seth Bernstein informed that Hakeem Rahim, a national mental health speaker, will be at Palm Beach State College Boca Raton Campus on February 22nd from 6:00 pm – 7:30 pm. Free for high school, college students and the general public. The United Way of Palm Beach County released a RFP for the Targeted Care Area of Income. Applications will be submitted in three areas: Hunger Relief, Homelessness and Financial Stability. Rick Lewis informed that Kevin Hines, a suicide survivor with bipolar disorder, will be attending the Youth Conference in the evening May 15th at the Duncan Theater.</p> <p>Wellness Promotion Task Force (WPTF) – Paula Triana informed that the next WPTF meeting will be on February 15th, from 8:00 am – 11:00 am. They have an expo at the beginning and at the end on the meeting. The theme will be on Food Security and Hunger Relief. They have created a Hunger Relief Collaboration Team, last week they reached 10 schools in PBC. Also Cross Ministries has their program in Pine Grove Elementary, tomorrow they will start in Jupiter Elementary. They have applied for the American Promise Grant on January 22nd, which aligns their policy with Whole School, Whole Community, Whole Child.</p> <p>CDC Grant Advisory Committee – Pete Stewart informed that they had a site visit from their project officer. They did their HG&D teacher trainings. They did professional development with 108 teachers that will be teaching the curriculum including the 10th, 11th and 12th grade units. They partnered with Miami Dade and Broward County to get their CDC grant on conference call “All Together Now” focusing on LGTBQ issues in the State of Florida. They had representative from 35 schools attend. On January 25th they had their Youth Empowerment Summit which is their GSA Summit for students and their advisers, 72 students, 12 advisers’ ant three observers from Martin County attended. Next year they will be bringing students and the year after to help Martin County start a youth empowerment summit. Pete was invited to present on LGBT in the Holocaust at the Palm Beach Central</p>	<p>SHAC Mental Health meeting call in # 1-888-670-3525 Participants pass code: 3482285528 #</p> <p>If you are interested in attending the District’s WPTF meetings please email Paula Triana at: wellness@palmbeachschools.org with your information so that it can be added in the WPTF Constant Contact Distribution List and invitation/RSVPs will be forthcoming prior to each meeting.</p>

	<p>High School, at the end they did a butterfly release. Many of the schools did a Holocaust awareness event. They have about half of the Schools Health Profiles, 45 of 59 schools completed the teacher surveys and 23 of 59 principal's surveys completed. This is a teacher and principal survey looking at school policy. They should have that data by next year. Their next meeting will be on Thursday, March 8th.</p> <p>School Health Services Report – Dr. Cathy Burns informed that The Teach Flu a Lesson Initiative was completed. Over 13,000 students were vaccinated. One of their key process is the ILI Surveillance (Influenza Like Illness); done by the school nurses in conjunction with the Health Department. The school nurses monitor that on a daily basis and they will contact the Health Department if they see an increase in symptoms. The entire team gets involved which includes, the Health Department, Environmental, School Nurses, Food Services and Facilities. It is a very pro-active approach that the School District is following in helping to prevent an outbreak in the schools. Brenda Galie mentioned that currently the nurses are doing an active surveillance and working with the Epidemiology Department</p>	
<p>New Business: “Birth to 22 Initiative”</p>	<p>Tammy K. Fields informed that in 2013 after the Sandy Hook school shootings in Pennsylvania, they had a Youth Symposium to develop programs to assist our youths with their needs. That led to the development of Birth to 22: United For Brighter Futures, a huge collaboration with over 60 serving organizations in Palm Beach County. They needed a blue print and created the Youth Master Plan Task Force to find out the needs of the community and develop a plan that all the organizations involved could work on together to address those needs. Their mission is to support the healthy growth, development an education of Palm Beach County children and youth prenatally through adulthood so that they can graduate from high school and succeed in life. They developed a set of core belief and focus on equity to ensure all youth have the opportunity to succeed. They include children with special needs, LGBTQ youths, minority youths, care-giving youths, homeless & foster care and youths presenting with behavioral health issues.</p> <p>They had many community conversations and surveys, targeted areas of high poverty and did sessions for special needs students in different schools. They also used the youth summits to find out what where the tops needs of the youths. Many reported social emotional issues, 42% of students said they were bullied, 43% said they were depressed and 22% thought about suicide. They realized there were six emerging themes: 1. Economics, 2. Social/Emotional Challenges & Support, 3. Health & Wellness, 4. Parenting, Home Environment and Access to Mentors, 5. Educational Supports, 6. Community Stressors, System Barriers & Media. From this data they developed action areas to focus on these six emerging themes to ensure equity. They have looked into mentoring programs for parents as well the youths.</p>	

	<p>They have seen significant improvement in two areas; the graduation rates has gone up and the number of child deaths has gone down. On their website pbcbirthto22.com They have an events calendar with many activities and a resource directory for Palm Beach County.</p> <p>The Presentation on the Birth to 22: United for Healthier Futures is attached.</p> <div style="text-align: center;">  <p>Standard PP on Birth to 22 - YMP Presentation on PDF.PDF</p> </div>	
Announcements	<p>Alexa informed that they are having a poster contest for prevention and underage drinking in collaboration with the School District, the Sheriff's office and many other agencies. They will be putting the winning posters on the school buses and still need many volunteers.</p> <p>Dr. Albrecht mentioned if anyone from the committee is not attending the meeting, please email Miguelina at Miguelina.Cesario@flhealth.gov a report on your committee.</p>	
Adjournment	<p>Meeting adjourned at 1:38 pm. Next meeting March 8, 2018.</p>	