

**School Health Advisory Council Meeting Summary  
American Lung Association of Florida**

**May 24, 2018**

TOPIC	DISCUSSION	ACTION
<b>Introduction</b>	Meeting led by Dr. Seth Bernstein. He welcomed attendees and asked them to introduce themselves.	
<b>Approval of Agenda</b>	Approval of agenda following motion by Dr. Anne Faraone seconded by Kevin McCormick.	Agenda approved.
<b>Approval of Summary</b>	Approval of summary following motion by Kevin McCormick seconded by Dr. Anne Faraone.	Approved summary For 4-12-18.
<b>Old Business</b>	<p><b>Mental Health Committee</b> – Dr. Seth Bernstein informed that they continue to review the number of Mobile Crisis Team calls throughout the county. Both Jerome Golden Center and South County Mental Health Center are reporting on their mobile crisis calls. The calls have decreased since the tragic incident in Parkland, but the Baker Acts are more than the beginning of the year. Sharon Tarlow has reported that the BAs numbers from the JFK Medical Center North are significantly higher in the last few months.</p> <p>Kevin McCormick stated that the School District and communities need to work together to be able to recognize mental illness and how to treat it.</p> <p><b>Wellness Promotion Task Force (WPTF)</b> – Paula Triana informed that their last meeting was a celebration for the students, staff and community partners that have supported wellness in the whole community. The WPTF usually meets five times per year, next school year they plan to meet only three times; October, February and April. They are also having staff meetings internally to partake in strategic planning. They have designed a Whole School, Whole Community, Whole Child image to describe their district aligning with the CDC. Their policy is going through the revision process, they have sent it out to the Boardroom. They should be getting their first reading in a few months and it should be revised and adopted by Spring.</p> <p>Dr. Ann Faraone asked if the mental health needs of the School District staff are being addressed. Paula informed that they have a health advocate, EAP and employee wellness program available to support the staff. Kevin McCormick informed that there are school psychologists that also are available to the staff.</p> <p><b>CDC Grant Advisory Committee</b> – Cheryl Phillips and Pete Stewart were not available to report.</p>	<p>SHAC Mental Health meeting call in # 1-888-670-3525 Participants pass code: 3482285528 #</p> <p>If you are interested in attending the District's WPTF meetings please email Paula Triana at: <a href="mailto:wellness@palmbeachschools.org">wellness@palmbeachschools.org</a> with your information so that it can be added in the WPTF Constant Contact Distribution List and invitation/RSVPs will be forthcoming prior to each meeting.</p>

	<p><b>School Health Services Report</b> – Brenda Galie informed that the School District is still searching for Dr. Cathy Burn’s replacement. Today Healthier Delray is at Atlantic High School with the Avid Group and they had many activities, games and giveaways during all three lunches for the students. The Genesis Health Clinic, the school nurses and the principal, Ms. Ocampo, went down to show support and they took pictures for <i>Get Your Green On Day</i>.</p> <p>Karen McClintock, RN and Lisa Vasquez, RN have been supporting the teachers in the Human Growth and Development classes, building on to the STD Pregnancy Prevention and the More Than SAD component. They are doing end of the year counting services and getting ready for summer school.</p>	
<p><b>New Business:</b>  <b>”The Voices of Caregiving Youth”</b>   <b>American Association on of Caregiving Youth (AACY)</b></p>	<p>Dr. Connie Siskowski informed their programs continues throughout the summer. Caregiving youths are students that are under the age of 18 who are sacrificing their education, health, wellbeing and childhood to care for family members that are ill, injured, elderly or disabled. Their program, the first in the country, began in 2006 and has been a real challenge. Data from 2005 shows that there were 1.3 million children in a caregiving role, with all the changes since then, there are many more today. The average length time that students are in their program is 5.6 years. They begin in 6<sup>th</sup> grade through 12<sup>th</sup> grade, their graduation rate has been 97.4 percent. An overview video of the program was shown to SHAC members.</p> <p>Michelle Dolan these students are the highway for presentation as they share their stories we can see why it is so important to support them and help them graduate. She welcomed the students and thanked them for their bravery of sharing their stories with SHAC. They had four students share how being a caregiver affects them in their school, home and social life, and how AACY has been able to help them through their struggles.</p> <p>Dr. Anne Faraone informed that the AACY program is very unique and Palm Beach County is the only School District in the country addressing caregiving youths. They have a cooperative agreement with the School District and work closely with different school programs to assist the students.</p> <p>Dr. Siskowski informed that under the umbrella of AACY, the Caregiving Youth Project is their only direct services program available to students in PBC. They serve between Boca Raton and West Palm Beach and currently have 632 students. They now have several places throughout the country that are supporting this population in different ways. They began the Caregiving Youth Institute and had two conferences and four components that spells the word CARE: C=Connection, A=Advocacy, R=Research, E=Education.</p> <p>Karen McClintock asked how students are identified to get into the program.</p>	

	Michelle informed that they are in 25 schools and in the sixth grade they do a questionnaire. When they get the forms back, depending on the scale of responsibility they will have a family specialist do an intake. If it is determined that they are caregiving they send a permission slip home to allow the student to get into the program. Another way they get identified is through school counselors, parents and lunch and learn.	
<b>Announcements</b>	<p>Dr. Seth Bernstein informed that the Student Mental Health and Wellness Conference is on June 11, 2018. All resources table are reserved, if there are organization that want to go to the conference sessions for \$25.00 contact Dr. Bernstein.</p> <p>Kevin McCormick informed that during a Superintendent Summit the Department of Health was presenting and spoke highly on how organized and established SHAC is in Palm Beach County.</p> <p>A Picture was taken of all the SHAC attendees wearing green for <i>Get Your Green On Day</i></p>	
<b>Adjournment</b>	Meeting adjourned at 1:28 pm. Next meeting June 14, 2018, at 12:00 P.M.	