



Constant Contact Survey Results

Survey Name: Healthy School Teams Annual Assessment - FY18

Response Status: Partial & Completed

Filter: None

7/31/2018 7:38 AM EDT

*Please enter the information indicated below.

Answers	Number of Response(s)
First Name	203
Last Name	203
Email Address	203
Role	203
School Name	203
School Type (Elementary, Middle, High, K-8, etc.)	203

TextBlock:










Culture/Environment

* Which green practices does your school implement to support a culture of sustainability on campus? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Alternative Transportation (actively promote biking or walking to school)			68	33.4 %
Composting			24	11.8 %
Earth Day Celebration/Pledge			81	39.9 %
Energy Conservation (Lighting, etc.)			116	57.1 %
Environmental Education			100	49.2 %
Green Purchasing			47	23.1 %
Green School Certification / Recognition Award (Applied for or Earned)			96	47.2 %
Indoor Air Quality Protection (reduce or remove classroom clutter, dust, fragrances, aerosol sprays, etc.)			92	45.3 %
Natural Resources and Outdoor Learning			86	42.3 %
Outdoor Classroom / Learning Area			99	48.7 %
Recycling & Waste Reduction (Cardboard, Milk Cartons, Plastic, etc.)			153	75.3 %
School Garden Initiative			126	62.0 %
Solar Panels			12	5.9 %
Water Conservation / Rain Barrels			36	17.7 %
Water Filling Stations			18	8.8 %
No Green Initiatives at our school. We are interested though!			12	5.9 %
Other: (Only check here and list things that do not fall within any of the parameters above.)			3	1.4 %
Totals			203	100%

What type of recycling



*and waste reduction initiatives does your school initiate? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Cafeteria Share Table			97	47.7 %
Cardboard recycling			135	66.5 %
Composting			23	11.3 %
Electronic Waste Recycling			45	22.1 %
Ink and Toner Recycling			136	66.9 %
Milk and Juice Carton Recycling			53	26.1 %
Paper Recycling			170	83.7 %
Plastics Recycling			117	57.6 %
Terracycle			4	1.9 %
Textile Recycling			24	11.8 %
Zero Waste Lunches			5	2.4 %
We are not recycling at this time.			6	2.9 %
Other: (Only check here and list things that do not fall within any of the parameters above)			1	<1 %
Totals			203	100%

Does your school have

a Green Champion? Green Champions are designated by each School Principal. The

*Green Champion leads school sustainability activities via a green team, is the point of contact for sustainability related communication via the Environmental Conservation Services (ECS) Department and is eligible for "green" funding opportunities.

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			117	57.6 %
No, we need help designating a Green Champion. In the box below, please provide us with the full name, phone number and email address of the person we should contact to provide Green Champion selection guidance.			86	42.3 %
No Response(s)			0	0.0 %
Totals			203	100%




















*Please provide us with the full name, phone number and email address of your Green Champion.

120 Response(s)












What after school

*programming activities does your school provide to students?




Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Fine Art Clubs (Band/Chorus, Dance, Drama, Language Arts, Music, Writing, Yearbook, etc.)			171	84.2 %
Book Club			72	35.4 %
Community Clubs (4H, 365 Samaritans, Boys and Girls Club, National Junior Honor Society, SACC, Teachers of Tomorrow, etc.)			113	55.6 %
Cooking/Nutrition Clubs			50	24.6 %
Drivers Ed.			15	7.3 %
Environmental Club (Garden, Green, Nature, Outdoor Clubs, etc.)			110	54.1 %
Fitness/Sports Clubs/Teams (Includes Cheerleading, Rugby, Running, SPARKS, Yoga)			127	62.5 %
Game Clubs (Chess, etc.)			104	51.2 %
Mindfulness Clubs			25	12.3 %
PTA/PTSA activities			67	33.0 %
Robotics			65	32.0 %
Safety Patrol Club (Self Defense)			49	24.1 %
Science Clubs (Ecology, Marine, Sea Cadets, Whale Academy)			85	41.8 %
Talent Show			61	30.0 %
Technology (Computers, etc.)			70	34.4 %
Tutoring (Academic Enhancement Clubs, etc.)			164	80.7 %
Vocational Training			17	8.3 %
Wellness Clubs			32	15.7 %
Other: (Only check here and list things that do not fall within any of the parameters above)			17	8.3 %
Totals			203	100%

* Which of the following have you had on your campus this school year for staff health? Check all that apply.



Answer	0%	100%	Number of Response(s)	Response Ratio
Exercise videos online/DVDs set up after school for staff			37	18.2 %
Healthy potlucks, snack days, recipe swapping, etc.			72	35.4 %
Onsite gym that staff can utilize outside of school hours			42	20.6 %
Onsite group fitness class led by an instructor			40	19.7 %
Onsite Walking Path			47	23.1 %
Private room other than the bathroom where breastfeeding employees can express milk.			41	20.1 %
Running/Walking Clubs			64	31.5 %
We have some ideas for projects to make our culture healthier, and would like assistance in getting ideas and/or funds to do this			41	20.1 %
Workshops/classes to promote healthy lifestyles (i.e. Health Advocate, Financial, Alzheimer's, etc.)			50	24.6 %
None			20	9.8 %
Other: (Only check here and list things that do not fall within any of the parameters above)			20	9.8 %
Totals			203	100%

* Does your school have a garden?




Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			143	70.4 %
No			52	25.6 %
No, we would like to have one though. Please provide the full name, phone number and email address of the person we should contact in the box below.			8	3.9 %
No Response(s)			0	0.0 %
Totals			203	100%

Beginning this year, all schools were required to RECORD their School Garden Status by choosing one * of the following options: 1) New Garden, 2) Existing - Active, 3) Existing - Not in Use, or 4) No Garden.

Was the garden status RECORDED for your school on SharePoint this year?

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			112	55.1 %
No			91	44.8 %
No Response(s)			0	0.0 %
Totals			203	100%

* Did you update your school garden team and garden plan on SharePoint this year?

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			63	31.0 %
No			56	27.5 %
No Response(s)			84	41.3 %
Totals			203	100%


















* How is your garden having a positive impact on your school culture?

119 Response(s)

TextBlock:









Nutrition

✳ How does your school provide students with Nutrition Education activities and resources? Check all that apply.






Answer	0%	100%	Number of Response(s)	Response Ratio
Announcements (Morning/Afternoon)			95	46.7 %
Community Campaigns (American Heart Association, Fuel up to Play 60, Jump Rope for Heart, Let's Move, Train the Brain, etc.)			130	64.0 %
Fitness Clubs/Events			78	38.4 %
Fresh Fruit and Vegetable Program (FFVP)			42	20.6 %
Garden Clubs			77	37.9 %
Guest Speakers			41	20.1 %
Harvest of the Month			12	5.9 %
Health & Science Classes/Health Fairs			73	35.9 %
Healthy Habits Nutrition Planner Program			63	31.0 %
News or Newsletter (District / Parent / School, etc.)			51	25.1 %
National Nutrition Month/Nutrition Classes			9	4.4 %
OrganWise Guys			18	8.8 %
PE Classes			172	84.7 %
Posters			81	39.9 %
PTA Meetings			33	16.2 %
Social Media (Facebook, Instagram, Twitter, etc.)			44	21.6 %
None. In the box below, please provide us with the full name, email address and phone number of the person we should contact about implementing Nutrition Education at your school.			1	<1 %
Other: (Only check here and list things that do not fall within any of the parameters above)			5	2.4 %
Totals			203	100%

***What nutritional standard**

requirements has your school established for classroom parties? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Healthy Classroom Parties (Fruits, Veggies, Granola Bars, etc.)			35	17.2 %
Healthy Guidelines are set forth in parent and faculty handbooks			40	19.7 %
Non-food birthday items only			15	7.3 %
Only items purchased are allowed (no homemade items)			127	62.5 %
Parents/Teachers provide Healthy Snacks			49	24.1 %
Smart Snacks only			26	12.8 %
We have not established any standards			34	16.7 %
Other: (Only check here and list things that do not fall within any of the parameters above)			11	5.4 %
Totals			203	100%

***What nutritional standard requirements has your school established for fundraisers? Check all that apply.**

Answer	0%	100%	Number of Response(s)	Response Ratio
Sell Healthier Options (air popped popcorn, low fat, low/no sugar)			48	23.6 %
Smart Snacks only			19	9.3 %
We don't sell food			69	33.9 %
We have not established any standards			67	33.0 %
Other: (Only check here and list things that do not fall within any of the parameters above)			16	7.8 %
Totals			203	100%

*** What nutritional standard requirements has your school established for evening/community events?**

Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Healthy Drinks (no soda)			59	29.0 %
Offer Healthy Options			78	38.4 %
We have not established any standards			89	43.8 %
Other: (Only check here and list things that do not fall within any of the parameters above)			4	1.9 %
Totals			203	100%

*** At your school, do you have a backpack program for weekend meals?**

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			42	20.6 %
No			128	63.0 %
No, we would like to have one though. In the box below, please provide the full name, phone number and email address of the person we should contact about starting a backpack program at your school.			33	16.2 %
No Response(s)			0	0.0 %
Totals			203	100%

*** With regard to your backpack program, which community organizations are you working with? Check all that apply.**

Answer	0%	100%	Number of Response(s)	Response Ratio
Blessings in a Backpack			7	7.9 %
Boca Helping Hands			11	12.5 %
CROS Ministries			2	2.2 %
Living Hungry			7	7.9 %
Local Church or Religious Organization			10	11.3 %
Palm Beach County Food Bank			15	17.0 %
Other: (Only check here and list things that do not fall within any of the parameters above)			48	54.5 %
Totals			88	100%










*** Do you have a food pantry at your school?**

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes			28	13.7 %
No			161	79.3 %
No, we would like to have one though. In the box below, please provide the full name, phone number and email address of the person we should contact about starting a food pantry program at your school.			14	6.8 %
No Response(s)			0	0.0 %
Totals			203	100%

*** With regard to your food pantry, which community organizations are you working with?
Check all that apply.**

Answer	0%	100%	Number of Response(s)	Response Ratio
Feed South Florida			6	10.3 %
Local Church or Religious Organization			7	12.0 %
Palm Beach County Food Bank			10	17.2 %
Other: (Only check here and list things that do not fall within any of the parameters above)			40	68.9 %
Totals			58	100%




Other than from School Food Service, where do your students purchase food during the school day? (Midnight to 30 minutes after the official school days ends). (Refer to School Board Policy 6.185 - School Food Service Management). Food and beverages SOLD in vending machines must comply with the USDA Smart Snacks in School Standards at all times. Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Classroom Parties			5	2.4 %
Concession Stands			12	5.9 %
Fundraisers			40	19.7 %
PTA Initiatives			23	11.3 %
School Stores			11	5.4 %
Snack/Coffee Bar			4	1.9 %
Vending Machines			43	21.1 %
We do not sell food to students during the school day			118	58.1 %
Other: (Only check here and list things that do not fall within any of the parameters above)			5	2.4 %
Totals			203	100%

Do

*you use the Smart Snack Calculator located on the District's School Food



Service website to determine compliance with food items sold to students outside of the cafeteria.

Answer	0%	100%	Number of Response(s)	Response Ratio
We do not sell food items outside the cafeteria			98	48.2 %
Yes			39	19.2 %
No, we do not use the Smart Snack calculator			66	32.5 %
No Response(s)			0	0.0 %
Totals			203	100%

Each school level has an allowable number of days where food fundraisers sold to students during the school day (Midnight to 30 minutes after the official school day ends), may fall outside the Smart Snack Guidelines. These are referred to as "exemptions" or "exempted" food fundraisers. In the box below, * please provide each "exempted" food fundraiser conducted at your school this year. The following information MUST be submitted for each "exempted" food fundraiser: Type of Food SOLD to students (candy, doughnuts, snow cones, ice cream, etc.) Dates and Times SOLD to students Example: Type of Food SOLD: Candy Bars Dates and Times SOLD: April 1, 2, 3, 4 and 5th - from 3pm to 4pm If there were no exempted food fundraisers held at your school, write NONE in the box below.

203 Response(s)






* Would you like assistance in providing healthier options at staff meetings, celebrations and/or in vending machines?

Answer	0%	100%	Number of Response(s)	Response Ratio
Yes, please contact us			49	24.1 %
No, we are already providing healthy options			88	43.3 %
No, thank you			66	32.5 %
No Response(s)			0	0.0 %
Totals			203	100%

* Who should we contact to provide guidance about healthier options? Please include that person's full name, phone number and email address.

84 Response(s)

Middle and High Schools, how many * student snack vending machines do you have on your school campus?

Answer	0%	100%	Number of Response(s)	Response Ratio
We are an elementary school - no student vending machines on campus			116	57.1 %
0-3			43	21.1 %
4-6			16	7.8 %
7-10			5	2.4 %
More than 11			2	<1 %
Middle/High School - No student snack vending machines on our campus.			21	10.3 %
No Response(s)			0	0.0 %
Totals			203	100%

* Provide us with the name of your vendor and their phone number below.

67 Response(s)

Middle and High Schools, how many student beverage vending machines do you have on your school campus?

Answer	0%	100%	Number of Response(s)	Response Ratio
0-3			50	24.6 %
4-6			13	6.4 %
7-10			4	1.9 %
More than 11			1	<1 %
Middle/High School - No student beverage vending machines on our campus.			20	9.8 %
No Response(s)			115	56.6 %
Totals			203	100%

* Provide us with the name of your vendor and their phone number below.

69 Response(s)

TextBlock:

Physical Activity
















*How does your school encourage students to participate in physical activity? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Adventure to Fitness (ATF)			25	12.3 %
Brain Breaks, Brain Gym (movement based learning etc.)			102	50.2 %
Class Walks			60	29.5 %
Community Campaigns (Bike/Walk to School Day, Fuel Up to Play 60, Girls on the Run, Hoops for Heart, Jump Rope for Heart, Let's Move, Organized Runs/Walks, South Florida Kids Mile, UNICEF Kid Power etc.)			129	63.5 %
Fitness Fundraisers			59	29.0 %
Fitness/Sports Clubs (including all activity clubs, before school PE, aftercare, Fit Kids, intramural sports activities, extended PE, etc.)			134	66.0 %
Health Fairs			25	12.3 %
Interactive Videos (Cosmic Yoga, Fitness, Go Noodle, Wii Dance, etc.)			83	40.8 %
Math Scavenger Hunt			12	5.9 %
Recess			120	59.1 %
SPARKS			33	16.2 %
Walking Classroom			19	9.3 %
Weight Room (Open Gym)			27	13.3 %
Other: (Only check here and list things that do not fall within any of the parameters above)			15	7.3 %
Totals			203	100%

What resources are classroom teachers

*currently using on campus to provide activity breaks throughout the school day?

Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Adventure to Fitness (ATF)			28	13.7 %
Alliance for a Healthier Generation			8	3.9 %
Brain Breaks, Brain Gym (movement based learning etc.)			109	53.6 %
Class Walks			51	25.1 %
Community Campaigns (Bike/Walk to School Day, Fuel Up to Play 60, Girls on the Run, Hoops for Heart, Jump Rope for Heart, Let's Move, Organized Runs/Walks, South Florida Kids Mile, UNICEF, Kid Power etc.)			82	40.3 %
Fitness Fundraisers			33	16.2 %
Fitness/Sports Clubs (including all activity clubs, before school PE, aftercare, Fit Kids, intramural sports activities, extended PE, etc.)			92	45.3 %
Health Fairs			14	6.8 %
Interactive Videos (Cosmic Yoga, Fitness, Go Noodle, Wii Dance, etc.)			83	40.8 %
Math Scavenger Hunt			12	5.9 %
Recess			106	52.2 %
SPARKS			18	8.8 %
Walking Classroom			15	7.3 %
Weight Room (Open Gym)			17	8.3 %
Other: (Only check here and list things that do not fall within any of the parameters above)			14	6.8 %
Totals			203	100%

* Which grades at your school participate in recess in addition to physical education? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Pre-K			70	34.4 %
Kindergarten			125	61.5 %
First Grade			126	62.0 %
Second Grade			126	62.0 %
Third Grade			126	62.0 %
Fourth Grade			124	61.0 %
Fifth Grade			124	61.0 %
Sixth Grade			13	6.4 %
Seventh Grade			13	6.4 %
Eighth Grade			14	6.8 %
No Recess on our Campus			67	33.0 %
Other: (Only check here and list things that do not fall within any of the parameters above)			2	<1 %
Totals			203	100%

* Provide a breakdown by grade indicating how many days per week and how long each day recess takes place. For example: Kindergarten: 1 day/week; 20 minutes.

203 Response(s)

* How often do students in grades K-5 receive physical education instruction from the physical education teacher.

Answer	0%	100%	Number of Response(s)	Response Ratio
Daily			13	6.4 %
1x / week			64	31.5 %
2x / week			22	10.8 %
3x / week			6	2.9 %
4x / week			3	1.4 %
N/A - Middle/High School			67	33.0 %
Other: (Only check here and list things that do not fall within any of the parameters above)			28	13.7 %
No Response(s)			0	0.0 %
Totals			203	100%

TextBlock:

Emotional Well-being

Which of the following counseling

*resources are available on your campus to address the academic, social and emotional well-being needs of all students attending your school? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
Classroom Guidance Lessons			137	67.4 %
Clubs (Book, Best Buddies, Color Me Happy, Lunch Bunch, Social Skills, Tutoring, etc.)			104	51.2 %
Individual Counseling / Private Counseling on Campus			161	79.3 %
Mentoring Opportunities			116	57.1 %
School Based Wellness Teams			74	36.4 %
Small Group Counseling			131	64.5 %
None			5	2.4 %
Other: (Only check here and list things that do not fall within any of the parameters above)			8	3.9 %
Totals			203	100%

*Which of the following are made available / promoted to staff to address their mental health and emotional well-being? Check all that apply.

Answer	0%	100%	Number of Response(s)	Response Ratio
A relaxation room has been created where staff can spend a few minutes during the day			38	18.7 %
Counseling Services			49	24.1 %
EAP / Health Advocate			128	63.0 %
Meditation, mindfulness and/or yoga practices are encouraged on campus, and/or a video/recording is made available to staff during the school day			34	16.7 %
None of these practices are in place, though we would like assistance in getting something started. In the box below, please provide the full name, phone number and email address of the person we should contact at your school.			29	14.2 %
Other: (Only check here and list things that do not fall within any of the parameters above)			9	4.4 %
Totals			203	100%

TextBlock:

Bonus Question

If your school has implemented wellness practices that are more robust than what is required by the District's policy, please share that with us.

61 Response(s)